

Nutricity Ayurveda

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Welcome To Nutricity Ayurveda

Nutricity Ayurveda was founded in 2017 by Dr. K.L. Sharma in Haryana, India, out of a love of Ayurveda and a passion for providing the highest quality Ayurvedic herbs and products. From 2017, Nutricity Ayurveda has been a pioneer in the ayurvedic medicines & supplements community, focusing on organic products that are sustainably grown and fairly traded. To this day, these commitments continue to be the driving force of Nutricity as the team works to support others on their journey toward optimal health and wellness. One of the beautiful precepts of Ayurveda is that everyone is unique—what works to bring balance for one will not necessarily bring balance for all. Ayurveda is a journey to greater self-awareness and often requires a bit of exploration. While you might notice a difference in your well-being right

away, it is often recommended to take herbs for four to six weeks to experience their full effects. Nutricity offers an abundance of healing herbs and products with premium quality.