1. Cyanocobalamin, Alpha Lipoic Acid, Folic Acid & Pyridoxine Hydrochloride Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|------------|---------------------------------|--------|-------|----------------|
| | Soft Gelatin Capsules Contains: | | | |
| | | 1 4 | 100 | 0 /0 |

| 1. | Cyanocobalamin | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|---------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Alpha Lipoic Acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 |
| 3. | Pyridoxine Hydrochloride | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | - | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

2. Lycopene, Vitamin A, Vitamin E, Vitamin C, Sodium Selenate & Zinc Soft Gelatin Capsules.

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|------------|--------------------------------|--------|-------|-----------|
| Each S | oft Gelatin Capsules Contains: | • | | |

| 1. | Lycopene 6% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|---|----------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin E (D-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 3. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 4. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

3. Vitamin K₂7, Calcium Carbonate, Folic Acid & Zinc Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference | | |
|--------|--------------------------------------|--------|-------|---|--|--|
| No. | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Vitamin K₂7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and | | |
| | | | | Nutraceuticals Regulations 2016) S.No.11(i) | | |

| 2. | Calcium Carbonate | 600 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|--|---------|-------|---|
| | | | | Nutraceuticals Regulations 2016) S.No. 1(i) |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 100 mcg | 85.47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 4. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

4.0mega-3 fatty Acid & Vitamin E Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|------------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid | 30 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | I.P | |
| 1. | Gelatin | GMP | | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | G | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | | _ | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0 | .5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

5. Omega-3 fatty Acid, Evening Primrose Oil & Vitamin E Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|------------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | , | | |
| 1. | Omega 3 fatty acid | 90 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Evening Primrose Oil | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 71 |
| 3. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | l.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

6. Ginseng, Lycopene, Evening Primrose Oil, Grape Seed Extract, Multivitamin & Multimineral Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | • | | |

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
|----|-----------------|----------|----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Lycopene 6% | 1000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 3. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
|-----|---|--------------------------|--------------|--|
| 4. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 5. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 6. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1.5 mg | 71.42 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 7. | Vitamin B6 (Pyridoxal 5-Phosphate) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 9. | Vitamin E (DL-alpha -tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 10. | Niacin (Nicotinamide) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |
| 11. | Pantothenic Acid (D-Pantothenate,sodium) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16 (ii) |
| 12. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 13. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 14. | Potassium lodide Eq. to elemental lodine | 100 mcg | 66.66 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 15. | Magnesium Sulphate Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 16. | Manganese Sulphate Eq. to elemental Manganese | 2 mg | 40 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 17. | Ferrous Fumarate Eq. to elemental Iron | 17 mg | 100 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 18. | Cupric Sulphate Eq. to elemental Copper | 1 mg | 50 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 19. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 20. | Potassium (as Potassium Chloride) | 250 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |

| 21. | Evening Primrose Oil | 120 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|-----|----------------------|--------|----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 71 |
| 22. | Grape Seed Extract | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

7. Ginseng, Lycopene, L-Arginine, Taurine, Multivitamin & Multimineral Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | | | |

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---|----------|-------|--|
| 2. | Lycopene 6% | 1000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 4. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 5. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 6. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1.5 mg | 71.42 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(ii) |
| 7. | Vitamin B6 (Pyridoxal 5-Phosphate) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 9. | Vitamin E (DL-alpha -tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 10. | Niacin (Nicotinamide) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 11. | Pantothenic Acid (D-Pantothenate,sodium) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16 (ii) |
| 12. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 13. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 14. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 100 mcg | 66.66 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 15. | Magnesium Sulphate | | | Schedule −I (Part-B)-FSS (Health Supplement and |

| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No. 7-(viii) |
|-----|-----------------------------------|---------|-------|--|
| 16. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 2 mg | 40 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 17. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 18. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 19. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 20. | Potassium (as Potassium Chloride) | 250 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 21. | L-Arginine | 500 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 22. | Taurine | 2.5 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xxi) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

8. Evening Primrose Oil, Ginkgo Biloba, Citrous Bioflavonoids, Green Tea Extract, Mixed Carotenoids, Lycopene, Multivitamin & Multimineral Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | • | | |

| 1. | Evening Primrose Oil | 120 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|---------------------------------|---------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 71 |
| 2. | Ginkgo Biloba Extract | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 16 |
| 3. | Citrous Bioflavonoids | 12.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 10 |
| 4. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Natural Mixed Carotenoids (10%) | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 34 |
| 6. | Lycopene 10% | 2 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 7. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |

| 8. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-------------|---|---------|-------|--|
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 9. | Potassium (as Potassium Chloride) | 10 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 10. | Choline Chloride | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Chloride | 9.07 mg | ** | Nutraceuticals Regulations 2016) S.No.2(ii) |
| 11. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 5 mg | 100 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 12. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 13. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 2 mg | 100 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 14. | Sodium Selenate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Selenium | 40 mcg | 100 | Nutraceuticals Regulations 2016) S.No.12(i) |
| 15. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 0.5 mg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 16. | Potassium Iodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 50 mcg | 33.33 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 17. | Niacin (Nicotinamide) | 15 mg | 71.43 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 18. | Vitamin C (L-Ascorbic Acid) | 12.5 mg | 31.25 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 19. | Vitamin E (DL-alpha -tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 20. | Choline Hydrogen Tartrate | 10 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 21. | Myo-Inositol | 10 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xxviii) |
| 22 . | Pantothenic Acid (D-Panthenol) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16 (iii) |
| 23. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 24. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 25. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(ii) |

| 26. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|-----|--|---------|-------|---|
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 27. | Biotin | 150 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.13(i) |
| 28. | Folic Acid (n-pteroyl-l glutamic acid) | 100 mcg | 85.47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 29. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.10(i) |
| 30. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | · | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 31. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |

| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

9. Ginseng, Multivitamin & Multimineral Softgel Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|---------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 4. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 5. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 6. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Pantothenic Acid (D-Pantothenate,calcium) | 1 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16 (i) |
| 8. | Folic Acid (n-pteroyl-l glutamic acid) | 50 mcg | 42.73 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 9. | Zinc Sulphate Eq. to elemental Zinc | 1 mg | 8.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 10. | Magnesium (as Magnesium Sulphate) | 55 mg | 16 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 11. | Ferrous Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |

| | Eq. to elemental Iron | 5 mg | 29.41 | Nutraceuticals Regulations 2016) S.No. 6-(viii) |
|-----|---|--------------------------|--------------|--|
| 12. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule −I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 13. | Potassium (as Potassium Chloride) | 1 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |
| 14. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 15. | Sodium Molybdate Dihydrate Eq. to Elemental Molybdenum | 0.1 mg | ** | Schedule −I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | 1.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | G | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | | | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0 | .5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0 | .2% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0. | 02% | Schedule-VF FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 | mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | | |

| | | | Nutraceuticals Regulations 2016) S.No. 7 |
|-----|--------------------------------------|-----------|---|
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

10. L-arginine, Co Enzyme Q10, Vitamin E, Vitamin B12, Lycopene, Zinc & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|----------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | 1 | | |
| 1. | L-Arginine | 500 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 2. | Co Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
| 3. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 4. | Lycopene | 8000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 5. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 7. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |

| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

11. Zingiber Officinals, Piper Nigrum, Anacyclus Pyrethum, Saussurea Lapaa, Asparagus Racemosus, Asparagus Adscendens, Withania Somnifera, Myristica Fragrans, Mucuna Pruriens, Putranjiva Roxburghii & Orchis Latifolia Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|-----|-------------|--------|-------|-----------|
| No. | | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

Each Soft Gelatin Capsules Contains:

| 1. | Zingiber Officinale | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|-----|----------------------------|--------|----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 195 |
| 2. | Piper Nigrum | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 152 |
| 3. | Anacyclus Pyrethum DC. | 50 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 4. | Saussurea Lapaa (Deeni) | 25 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 367 |
| 5. | Asparagus Racemosus Wild. | 100 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 6. | Asparagus Adscendens Roxb. | 100 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 45 |
| 7. | Withania Somnifera | 100 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 433 |
| 8. | Myristica Fragrans Houtt. | 25 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 266 |
| 9. | Mucuna Pruriens | 25 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 262 |
| 10. | Putranjiva Roxburghii | 150 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 345 |
| 11. | Orchis Latifolia L. | 100 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 284 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| • | | | |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

12. Goji berry, Co-Enzyme Q 10, Green Tea Extract, Omega-3 Fatty Acid, Zinc & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Goji berry | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 113 |
| 2. | Co Enzyme Q10 | 50 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.11 |

| 3. | Green Tea Extract | 200 mg | ** | Schedule -IV -FSS (Health Supplement and |
|----|--|--------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 4. | Omega- 3 fatty acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 50 mcg | 42.73 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |

| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|--------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

13. Goji berry, Co-Enzyme Q 10, Green Tea Extract, Omega-3 Fatty Acid, Zinc & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Goji berry | 300 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 113 |
| 2. | Co Enzyme Q10 | 50 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.11 |
| 3. | Green Tea Extract | 200 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 4. | Omega- 3 fatty acid | 140 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 50 mcg | 42.73 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| | GMP | Schedule -VF-FSS (Health Supplement and |
|---------------------------------------|---|---|
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 7 |
| Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 30 |
| Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 39 |
| | Sorbitol (INS 420(i) Glycerin (INS 422) Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben Colour Brillient Blue Supra (INS 133) Colour Ponceau 4R Supra (INS 124) Colour Sunset Yellow Supra (INS 110) | Sorbitol (INS 420(i) GMP Glycerin (INS 422) GMP Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.2% Propyl Paraben 0.02% Colour Brillient Blue Supra (INS 133) 300 mg/Kg Colour Ponceau 4R Supra (INS 124) 300 mg/Kg |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

14. Co-Enzyme Q 10, Lycopene, Astaxanthin, Ginseng Extract, Omega-3 Fatty Acid, L-Carnitine, L-Arginine & Zinc Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | | | |
|--------|--------------------------------------|--------|-------|--|--|--|--|--|
| No. | | | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Co- Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and | | | | |
| | | | | Nutraceuticals Regulations 2016) S.No.11 | | | | |
| 2. | Lycopene | 2.5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and | | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| | | | | Nutraceuticals Regulations 2016) S.No.112 |
|----|-----------------------|--------|-----|--|
| 3. | Astaxanthin | 8 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.2 |
| 4. | Ginseng Extract | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 5. | Omega- 3 fatty acid | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 6. | L-Carnitine | 340 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(i) |
| 7. | L-Arginine | 250 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 8. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

15. Folic Acid, Vitamin B12, Pyridoxal5 Phosphate, L-Arginine & DHA Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|------|--|---------|-------|---|
| No. | | | | |
| Each | Soft Gelatin Capsules Contains: | 1 | | |
| 1. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.7 mg | 35 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 4. | L-Arginine | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 5. | Omega- 3 fatty acid (DHA) | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 5 |
|-----|---------------------------------------|-----------|--|
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note: 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

16. Calcium Citrate Malate, Vitamin D3, Cyanocobalamin, Vitamin B6, Vitamin K27 & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | | |
|--------------------------------------|-------------------------------------|--------|-------|--|--|--|--|
| No. | | | | | | | |
| Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Calcium (as Calcium Citrate Malate) | 600 mg | 100 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) | | | |

| 2. | Vitamin D3 (Cholecalciferol) | 400 IU | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
|----|--|---------|-----|---|
| 3. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 4. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 5. | Vitamin K ₂ 7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.7 mg | 35 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 4. | L-Arginine | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 5. | Omega- 3 fatty acid (DHA) | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |

| Schedule -VF - FSS (Health Supplement and |
|--|
| ` |
| Nutro continula Demulationa 2016) CNI- 20 |
| Nutraceuticals Regulations 2016) S.No. 26 |
| Schedule -VF-FSS (Health Supplement and |
| Nutraceuticals Regulations 2016) S.No. 36 |
| Schedule -VA-FSS (Health Supplement and |
| Nutraceuticals Regulations 2016) S.No. 5 |
| Schedule -VF-FSS (Health Supplement and |
| Nutraceuticals Regulations 2016) S.No. 74 |
| Schedule -VE-FSS (Health Supplement and |
| Nutraceuticals Regulations 2016) S.No. 172 |
| Schedule -VF-FSS (Health Supplement and |
| Nutraceuticals Regulations 2016) S.No. 27 |
| Schedule -VE-FSS (Health Supplement and |
| Nutraceuticals Regulations 2016) S.No. 181 |
| Schedule -VF-FSS (Health Supplement and |
| |

| | | | Nutraceuticals Regulations 2016) S.No. 5 |
|-----|---------------------------------------|-----------|---|
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

17. Lycopene, Isoflavones, Vitamins & Minerals Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|------|--|--------------|-------|--|
| No. | | | | |
| Each | Soft Gelatin Capsules Contains: | | | |
| 1. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 3. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 4. | Lycopene 10% | 10000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 5. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 6. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 7. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 8. | Vitamin B2 (Riboflavin) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| | | | | Nutraceuticals Regulations 2016) S.No.4(i) |
|-----|---|---------|-----|--|
| 9. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 10. | Isoflavones | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.99 |
| 11. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 12. | Chromium Picolinate Eq. to elemental Chromium | 60 mcg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 |
| 13. | Pantothenic Acid (D-Pantothenate,calcium) | 12.5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16 (i) |
| 14. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule −I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | , | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

18. Evening Primrose Oil & Vitamin E Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | | |
|---------|---|--------|-------|---|--|--|--|
| Each So | Each Soft Gelatin Capsules Contains: | | | | | | |
| 1. | Evening Primrose Oil | 500 mg | ** | Schedule -VI(Part B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 71 | | | |
| 2. | Vitamin E (DL-alpha tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) | | | |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |

| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

19. Amino Acids, Folic Acid & Vitamin D3 Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--|---------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Myo-Inositol | 500 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xxviii) |
| 2. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Vitamin D3 (Cholecalciferol) | 400 IU | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 4. | N-acetyl-L-cysteine | 250 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(x) |
| 5. | L-Arginine | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

20. Cissus Quadrangularis, Vitex Negundo, Boswellia serrate & Withania Somnifera Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|---|
| Each Sc | ft Gelatin Capsules Contains: | | | |
| 1. | Cissus Quadrangularis L. | 750 mg | ** | Schedule –IV –FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 104 |
| 2. | Vitex Negundo | 200 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 429 |
| 3. | Boswellia serrata Roxb. | 200 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 64 |
| 4. | Withania Somnifera (L.) Dunal. | 100 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 433 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

21. Co-Enzyme Q10, Sodium Selenate, L-Arginine, Omega-3 Fatty Acid & Lycopene Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|------------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
| 2. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 3. | L-Arginine | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 4. | Omega 3 fatty acid providing | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 180 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 120 mg | | |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | | Limits/G.M | .P | |
| 1. | Gelatin | GI | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | | Schedule -VF-FSS (Health Supplement and |
| | , ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GI | MP | Schedule -VA-FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 5

| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

22. Omega-3 Fatty Acid, Amino Acids, Vitamin & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--|---------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 180 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 120 mg | | |
| 2. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |

| 3. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and |
|-----|------------------------------------|--------|------|--|
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 4. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 5. | Vitamin D3 (Cholecalciferol) | 400 IU | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 6. | L-Carnitine | 50 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(i) |
| 7. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 8. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 9. | L-Arginine | 40 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 10. | N-Acetyl-L-Cysteine | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(ix) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

23. Calcium Carbonate, Vitamin K₂7, Zinc & Magnesium Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|------------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Calcium Carbonate | 500 mg | 33.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1(i) |
| 2. | Vitamin K ₂ 7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 3. | Zinc Sulphate Eq. to elemental Zinc | 7.5 mg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 4. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | I.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

Lycopene 10%

2.

24. Co-Enzyme Q10, Lycopene, DHA, Green Tea Extract, Amino Acids, Vitamin & Minerals Soft Gelatin Capsules

**

Schedule -VI (Part-B)-FSS (Health Supplement and

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|---|
| Each So | ft Gelatin Capsules Contains: | | | |
| 1. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |

5000 mcg

| | | | | Nutraceuticals Regulations 2016) S.No.112 |
|-----|---|--------|-----|---|
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 4. | Vitamin B2 (Riboflavin 5-Phosphate, Sodium) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 5. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 6. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 7. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 8. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 9. | Omega 3 fatty acid (DHA) | 60 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 10. | L-Arginine | 250 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 11. | L-Carnitine | 250 mg | ** | Schedule −I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(i) |
| 12. | Green Tea Extract | 200 mg | ** | Schedule –IV –FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 27 |
|-----|---------------------------------------|-----------|--|
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

25. Co-Enzyme Q10, Lycopene, L-Arginine, Piperine & Vitamins Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|-----------|
| Each So | ft Gelatin Capsules Contains: | | | |

| 1. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
|----|---------------------------------------|----------|----|---|
| 2. | L-Arginine | 500 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 3. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 5. | Piperine | 5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 28 |

| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|---|-------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

26. Evening Primrose Oil & Omega-3 Fatty Acid Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|------------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Evening Primrose Oil | 500 mg | ** | Schedule -VI(Part B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 71 |
| 2. | Omega 3 fatty acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | Gelatin | Limits/G.M | | Cohodule V/F FCC/Hoolth Cumplement and |
| 1. | Geraum | Gi | MP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | Gl | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | Gl | MP | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil (Refined Soyabean Oil) | Gl | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | Gl | MP | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | Gl | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0. | 2% | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

Ingredients

Sr. No.

27. Co-Enzyme Q10, Lycopene, Omega-3 Fatty Acid, Mixed Carotenoids, Wheat germ Oil, Vitamins & Minerals Soft Gelatin Capsules

% RDA

Claim*

Reference

| Each S | oft Gelatin Capsules Contains: | | | |
|--------|---|----------------|-----|---|
| 1. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
| 2. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Omega 3 fatty acid providing Eicosapentaenoic Acid Docosahexaenoic Acid | 90 mg 60 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 4. | Natural Mixed Carotenoids (10%) | 11.33 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| 5. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 6. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030 9. Zinc Sulphate Schedule –I (Part-B)-FSS (Health Supplement and

| 9. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
|---------|---------------------------------------|------------|----------------|---|
| Or No | | | | |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | | Limits/G.M | | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | G | MP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | G | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | | _ | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0. | .5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0. | .2% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.0 | 02% | Schedule-VF FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 1 008 | mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 1 008 | mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | - - | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 1 008 | mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

28. Calcium Citrate Malate, Zinc & Magnesium Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|-------------------------------------|--------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | ' | | |
| 1. | Calcium (as Calcium Citrate Malate) | 600 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 5 mg | 41.66 | Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 3. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

29. Vitamin D3, Zinc & Magnesium Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | I | |
| 1. | Vitamin D3 (Cholecalciferol) | 250 IU | 62.5 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 2. | Zinc Sulphate Eq. to elemental Zinc | 5 mg | 41.66 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 3. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 172 |
|-----|---------------------------------------|-----------|--|
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

30. Omega-3 Fatty Acid, Co-Enzyme Q10, Carnitine Tartrate, Wheat Germ Oil, Lycopene & Sodium Selenate Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid | 150 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.11 |
| 3. | Carnitine Tartrate | 100 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xx) |

| 6. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
|----|-----------------|--------|-----|---|
| 5. | Lycopene 6% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 4. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |

| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|--------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

31. Cyanocobalamin, Pyridoxine HCl & Folic Acid Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|-------------------------|-------|---|
| Each So | ft Gelatin Capsules Contains: | | | |
| 1. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | | Reference |
| 1. | Gelatin | GMP | | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | Gl | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GI | MP | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil (Refined Soyabean Oil) | GI | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0. | 5% | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 5 |
|-----|---------------------------------------|-----------|---|
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

32. L-Glutathione, Vitamin C, Alpha Lipoic Acid & Grape Seed Extract Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|--------------------------------------|-------------|--------|-------|-----------|
| Each Soft Gelatin Capsules Contains: | | | | |

| 1. | L-Glutathione | 500 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
|----|-----------------------------|--------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.38 |
| 2. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 3. | Alpha Lipoic Acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 |
| 4. | Grape Seed Extract | 50 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

33. Lycopene, Green Tea Extraxt, Beta Carotene, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|--------------------------------------|-------------|--------|-------|-----------|
| Each Soft Gelatin Capsules Contains: | | | | |

| 1. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|--------------|----------|----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |

| 2. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
|-----|---|---------|------|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 3. | Betacarotene (7.5%) | 20 mg | 5.55 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 2(i) |
| 4. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 5. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 6. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 7. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 9. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 10. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 75 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 11. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 12. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |

| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

4.

L-Arginine

34. Mucuna Pruriens, Ginkgo Biloba, Aspargus Racemosus, L-Arginine, Tribulus Terrestris Extract Powder & Zinc Soft Gelatin Capsules

**

Nutraceuticals Regulations 2016) S.No. 47

Nutraceuticals Regulations 2016) S.No. (xix)

Schedule -II (Part-A)-FSS (Health Supplement and

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|--|
| Each Sc | ft Gelatin Capsules Contains: | | | |
| 1. | Mucuna Pruriens | 20 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 262 |
| 2. | Ginkgo Biloba Extract | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 16 |
| 3. | Asparagus Racemosus Wild. | 1 mg | ** | Schedule -IV -FSS (Health Supplement and |

500 mg

| 5. | Tribulus Terrestris Linn. | 200 mg | ** | Schedule -IV -FSS (Health Supplement and |
|----|---------------------------|--------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 411 |
| 6. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

35. Grape Seed Extract, Lycopene, Lutein, Beta Carotene & Cyanocobalamin Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---------------------------------|----------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Grape Seed Extract | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| 2. | Lycopene 6 % | 8000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Lutein 10% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| 4. | Betacarotene (30%) | 5 mg | 31.25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 2(i) |
| 5. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |

| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

36. Omega 3 Fatty Acid, Vitamin E & Wheat Germ Oil Soft Gelatin Capsules

| Sr. | Ingredients | ∣ Claim* | % RDA | Reference |
|--------|---|----------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 2. | Omega 3 fatty acid | 150 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 3. | Wheat Germ Oil | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 36 |
|-----|---------------------------------------|-----------|--|
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

37. Calcium Carbonate, Vitamin B12, Folic Acid & Pyridoxine HCl Soft Gelatin Capsules

| | · | • | | • |
|--------|--|--------|-------|---|
| Sr. | Ingredients | Claim* | % RDA | Reference |
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | 1 | |
| 1. | Calcium Carbonate Eg. to elemental Calcium | 500 ma | 83.33 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1(i) |

| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|---------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 4. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

38. Carbonyl Iron, Folic Acid, Vitamin C, Vitamin B12 & Zinc Softgel Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Carbonyl Iron | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6(xiv) |
| 2. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 3. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 4. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |

| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

39. Omega- 3 Fatty Acid & Vitamin E Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference | | | | |
|--------|---|--------|-------|---|--|--|--|--|
| No. | | | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and | | | | |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 | | | | |
| | Docosahexaenoic Acid | 60 mg | | | | | | |
| 2. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) | | | | |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 36 |
|-----|---------------------------------------|-----------|--|
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note: 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

40. Grape Seed Extract, Lycopene, Lutein, Beta Carotene, Zinc & Cyanocobalamin Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | | |
|--------|--------------------------------------|--------|-------|--|--|--|--|
| No. | | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | | |
| 1. | Grape Seed Extract | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 | | | |

| Lycopene 6 % | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|---------------------------|--|--|--|
| | | | Nutraceuticals Regulations 2016) S.No.112 |
| Lutein 8% | 6000 | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | mcg | | Nutraceuticals Regulations 2016) S.No. 110 |
| Betacarotene (10%) | 5.17 mg | 1.07 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 2(i) |
| Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| Sodium Selenate | | | Sodium Selenate |
| Eq. to elemental Selenium | 40 mcg | 100 | Eq. to elemental Selenium |
| | Lutein 8% Betacarotene (10%) Zinc Sulphate Eq. to elemental Zinc Sodium Selenate | Lutein 8% 6000 mcg Betacarotene (10%) 5.17 mg Zinc Sulphate Eq. to elemental Zinc Sodium Selenate | Lutein 8% 6000 mcg Betacarotene (10%) 5.17 mg 1.07 Zinc Sulphate Eq. to elemental Zinc Sodium Selenate |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |

| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

41. Omega- 3 Fatty Acid, Vitamin C, Zinc, Lutein, L-Glutathione, Copper, Zeaxanthin & Vitamin E & Vitamin E Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|------------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 3. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 4. | Lutein 10 % | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.110 |
| 5. | L-Glutathione | 5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.19 |
| 6. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 7. | Zeaxanthin 10% | 1 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.38 |
| 8. | Vitamin E (DL-alpha tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | P | |

| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
|-----|---------------------------------------|--------------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| - | | | |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

42. Ginseng, Multivitamin & Multimineral Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | |
|---------|--------------------------------------|--------|-------|-----------|--|
| No. | | | | | |
| Each So | Each Soft Gelatin Capsules Contains: | | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---|---------|-------|---|
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 4. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 5. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 8. | D-Pantothenate,sodium | 1 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16 (ii) |
| 9. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 10. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | , , , , , |
| 11. | Ferrous Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 5 mg | 29.41 | Nutraceuticals Regulations 2016) S.No. 6-(viii) |
| 12. | Magnesium Sulphate | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | | | Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 13. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 5 mg | 41.66 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 14. | Potassium (as Potassium Chloride) | 1 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 15. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 16. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 0.1 mg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

43. Spirulina , Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|-----------|
| Each So | ft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Dibasic Calcium Phosphate | 255 mg | · | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|---|---------|-------|---|
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 2. | Spirulina | 250 mg | ** | Schedule -Vi-(Part-A)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No. 27 |
| 3. | Ferrous Fumurate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 4. | Zinc (as Zinc Oxide) | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 5. | Niacin (Nicotinamide) | 5 mg | 47.61 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 6. | Vitamin E (DL-alpha tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 7. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 8. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 9. | Vitamin B2 (Riboflavin) | 1.5 mg | 71.42 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(i) |
| 10. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 11. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 12. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 13. | Vitamin C (L-Ascorbic Acid) | 37.5 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 14. | D-Pantothenate, calcium | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16(i) |
| 15. | Copper (as Cupric Sulphate) | 0.5 mg | 25 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 16. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 17. | Magnesium (as Magnesium Sulphate) | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7-(viii) |
| 18. | Manganese (as Manganese Sulphate) | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 8-(iv) |

| 19. | Copper (as Cupric Sulphate) | 1 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
|---------|---------------------------------------|------------|-------|--|
| 20. | Potassium (Potassium Chloride) | 250 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |
| 21. | Iodine (as Potassium Iodide) | 150 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | | Limits/G.M | I.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | G | MP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | G | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | | _ | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0 | .5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0 | .2% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0. | 02% | Schedule-VF -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 | mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 | mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 | mg/Kg | Schedule-VA FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

44. Ginseng, Ginkgo Biloba Extract, Green Tea Extract, Lycopene, Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|--------------------------|--------------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 2. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 3. | Ferrous Fumurate Eq. to elemental Iron | 17 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 4. | Ginkgo Biloba Extract | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 16 |
| 5. | Vitamin C (L-Ascorbic Acid) | 15 mg | 37.5 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 6. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 7. | Zinc (as Zinc Oxide) | 10 mg | 83.33 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 8. | Niacin (Nicotinamide) | 5 mg | 47.61 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |
| 9. | D-Pantothenate, calcium | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16(i) |
| 10. | Vitamin E (DL-alpha -tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 11. | Manganese (as Manganese Sulphate) | 3 mg | 60 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 12. | Lycopene 10% | 2 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 13. | Potassium (as Potassium Chloride) | 250 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |

| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |
|-----|--|---------|-------|--|
| 14. | Vitamin B2 (Riboflavin) | 1.5 mg | 71.42 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) |
| 15. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 16. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 17. | Copper (as Cupric Sulphate) | 0.5 mg | 25 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 18. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 19. | Iodine (as Potassium Iodide) | 150 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 20. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 21. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 22. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |

| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | Reference |
|---------|---|-------------------------|---|
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil (Refined Soyabean Oil) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

45. L-Arginine, Green Tea Extract, Goji berry, Zinc, Magnesium & Sodium Selenate Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---------------------------------|--------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | L-Arginine | 400 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 2. | Green Tea Extract | 100 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 3. | Goji berry | 40 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 113 |
| 4. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 5. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 6. | Sodium Selenate | 35 mcg | 87.5 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

46. Omega 3 & Omega 6 fatty Acid Soft Gelatin Capsules

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | • | |
| 1. | Omega 3 & Omega 6 fatty Acid (Derived from Flax Seed Oil) | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 132 & 133 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

47. Evening Primrose Oil, Borage Oil, Citrous Bioflavonoids, Beta Carotene, Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | | | |
|---------|--|--------|-------|--|--|--|--|--|
| Each So | Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Evening Primrose Oil | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 71 | | | | |
| 2. | Borage Oil | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 29 | | | | |
| 3. | Magnesium Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and | | | | |
| | Eq. to elemental Magnesium | 100 mg | 29.41 | Nutraceuticals Regulations 2016) S.No. 7-(viii) | | | | |
| 4. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) | | | | |
| 5. | Vitamin B3 (Nicotinamide) | 21 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) | | | | |
| 6. | Vitamin E (DL-alpha- tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) | | | | |
| 7. | Ferrous Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and | | | | |
| | Eq. to elemental Iron | 12 mg | 70.58 | Nutraceuticals Regulations 2016) S.No. 6-(viii) | | | | |
| 8. | Zinc (as Zinc Sulphate) | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) | | | | |
| 9. | Citrous Bioflavonoids | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 10 | | | | |
| 10. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) | | | | |
| 11. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) | | | | |
| 12. | Pantothenic Acid (D-Pantothenate, calcium) | 5 mg | ** | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16(i) | | | | |
| 13. | Vitamin B2 (Riboflavin) | 2.1 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) | | | | |
| 14. | Manganese (as Manganese Sulphate) | 2.5 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and | | | | |

| | | | | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
|-----|--|---------|------|---|
| 15. | Betacarotene (10%) | 5.17 mg | 1.07 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 2(i) |
| 16. | Copper (as Cupric Sulphate) | 1.5 mg | 75 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 17. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 18. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 19. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.10(i) |
| 20. | Biotin | 50 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.13(i) |
| 21. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement |
| | Eq. to elemental Chromium | 50 mcg | ** | and Nutraceuticals Regulations 2016) S.No.8 |
| 22. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 23. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| | | | · | |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

48. Grape Seed Extract, Beta Carotene, Lycopene, Lutein, Zinc & Sodium Selenate Soft Gelatine Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--|----------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Grape Seed Extract | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| 2. | Betacarotene (10%) | 5.17 mg | 1.07 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 2(i) |
| 3. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 4. | Lutein 8% | 2000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| 5. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 6. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| Name of Additives/INS No. | Maximum | Reference |
|---------------------------------------|--|--|
| | Limits/G.M.P | |
| Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 26 |
| Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 36 |
| Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 7 |
| Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 30 |
| Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 39 |
| | Gelatin Soya Lecithin (INS 322 (i)) Bees Wax (INS 901) Vegetable Oil (Refined Soyabean Oil) Sorbitol (INS 420(i)) Glycerin (INS 422) Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben Colour Brillient Blue Supra (INS 133) Colour Ponceau 4R Supra (INS 124) Colour Sunset Yellow Supra (INS 110) | Limits/G.M.P Gelatin GMP Soya Lecithin (INS 322 (i)) GMP Bees Wax (INS 901) GMP Vegetable Oil GMP (Refined Soyabean Oil) GMP Glycerin (INS 420(i) GMP Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.2% Propyl Paraben 0.02% Colour Brillient Blue Supra (INS 133) 300 mg/Kg Colour Ponceau 4R Supra (INS 124) 300 mg/Kg |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

49. Beta Carotene, Lycopene, Lutein, Vitamin E, Zinc & Sodium Selenate Soft Gelatine Capsules

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|-------------------------|-------|--|
| Each So | ft Gelatin Capsules Contains: | | | |
| 1. | Betacarotene (10%) | 5.17 mg | 1.07 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 2(i) |
| 2. | Lycopene 6% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Lutein 8% | 3 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| 4. | Vitamin E (D-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |
| 5. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 6. | Sodium Selenate | 25 mcg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | | Reference |
| 1. | Gelatin | GN | ИΡ | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GN | ИΡ | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GN | ИΡ | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil (Refined Soyabean Oil) | GMP | | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | - | _ | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.9 | 5% | Schedule -VF-FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 5

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

50. Amino Acids, Multivitamins & Multiminerals Softgel Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | - | | |
| 1. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 2. | L-Lycine HCI | 25.4 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(viii) |
| 3. | L- Arginine | 25 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xix) |
| 4. | L- Methionine (DL- Methionine) | 18.5 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(ix) |
| 5. | L- Leucine | 18.3 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.v |
| 6. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 7. | L- Tryptophan | 10.1 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xx) |
| 8. | L- Threonine | 8.3 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xiv) |

| 9. | L- Valine | 6.7 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
|-----|--|---------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No.(xxi) |
| 10. | L- Isoleucine | 5.9 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(iii) |
| 11. | L- Phenylalanine | 5 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xvi) |
| 12. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 2 mg | 100 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 13. | Vitamin B2 (Riboflavin) | 1.5 mg | 72 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(i) |
| 14. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 15. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 16. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 17. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 18. | Pantothenic Acid (D-Pantothenate, calcium) | 0.4 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16(i) |
| 19. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 200 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 20. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 21. | Biotin (D-Biotin) | 30 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.13(i) |
| 22. | Sodium Selenate | 10 mcg | 25 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |

| | | Nutraceuticals Regulations 2016) S.No. 5 |
|---------------------------------------|--|--|
| Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 7 |
| Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 30 |
| Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 39 |
| | (Refined Soyabean Oil) Sorbitol (INS 420(i) Glycerin (INS 422) Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben Colour Brillient Blue Supra (INS 133) Colour Ponceau 4R Supra (INS 124) | (Refined Soyabean Oil) Sorbitol (INS 420(i) GMP Glycerin (INS 422) GMP Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.2% Propyl Paraben 0.02% Colour Brillient Blue Supra (INS 133) 300 mg/Kg Colour Ponceau 4R Supra (INS 124) 300 mg/Kg |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

51. Carbonyl Iron, Lycopene & Vitamins Softgel Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---------------------------------|--------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Carbonyl Iron | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6(xiv) |
| 2. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| 3. | Vitamin E (D-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|----------|-----|--|
| | \(\text{\text{\$\ext{\$\text{\$\exititt{\$\text{\$\exititt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exititt{\$\text{\$\text{\$\text{\$\exititt{\$\text{\$\text{\$\text{\$\ti}\$}\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\tex | | 100 | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 4. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 5. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 7. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , | | | Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 56 |
|-----|---------------------------------------|-----------|---|
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

52. Green Tea Extract, DL-Methionine, Grape Seed Extract, Lycopene, Pyridoxine HCl, Vitamin C, Vitamin E, Vitamin B12 & Sodium Selenate Softgel Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|------|---|----------|-------|--|
| No. | | | | |
| Each | Soft Gelatin Capsules Contains: | | | |
| 1. | Green Tea Extract | 200 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 2. | L- Methionine (DL- Methionine) | 50 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(ix) |
| 3. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 4. | Vitamin E (D-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 5. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |
| 6. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 7. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 9. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

53. L-Arginine, Co-Enzyme Q10, Zinc, Lycopene, Folic Acid, Vitamin 12, Vitamin E & Sodium Selenate Softgel

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|----------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | L-Arginine | 500 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. (xix) |
| 2. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
| 3. | Zinc Sulphate Eq. to elemental Zinc | 7.5 mg | 62.5 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 4. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 5. | Lycopene | 8000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 8. | Vitamin E (D-alpha tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |

| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

54. L-Lysine HCl, Ginseng, Ginkgo Biloba Extract, Grape Seed Extract, Green Tea Extract, Lycopene, Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|---------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | L-Lycine HCl | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(viii) |
| 2. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 3. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No. 26 |

| 3. | Ferrous Fumurate | | * | Schedule -I (Part-B)-FSS (Health Supplement and |
|------------|--|----------|-----------|--|
| J . | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 4. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement |
| 7. | Whoat Schill Sil | 201119 | | and Nutraceuticals Regulations 2016) S.No. 26 |
| 5. | Ginkgo Biloba Extract | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement |
| 0. | Olingo Biloba Extraot | 201119 | | and Nutraceuticals Regulations 2016) S.No. 16 |
| | | 45 | .ll. | , |
| 6. | Grape Seed Extract | 15 mg | ** | Schedule –VI (Part-B)-FSS (Health Supplement |
| | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ | 45 | 07 F | and Nutraceuticals Regulations 2016) S.No. 85 |
| 7. | Vitamin C (L-Ascorbic Acid) | 15 mg | 37.5 | Schedule –I (Part-A)-FSS (Health Supplement and |
| | | 10 | .11. | Nutraceuticals Regulations 2016) S.No.7(i) |
| 8. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 9. | Zinc (as Zinc Sulphate) | 10 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 10. | Vitamin E (DL-alpha tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 11. | Niacin (Nicotinamide) | 5 mg | 47.61 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 12. | Pantothenic Acid (D-Pantothenate, calcium) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16(i) |
| 13. | Lycopene 6% | 4000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No.112 |
| 14. | Manganese (as Manganese Sulphate) | 3 mg | 60 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 15. | Potassium (Potassium Chloride) | 2 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 16. | Vitamin B1 (Thiamine Mononitrate) | 1.5 mg | 88.23 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 10. | Vitariiii Di (Tiliariiiie Wolloniaace) | 1.5 mg | 00.20 | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 17. | Vitamin B2 (Riboflavin) | 1.5 mg | 71.42 | Schedule -I (Part-A)-FSS (Health Supplement and |
| .,. | The state of the s | | , . · · · | Nutraceuticals Regulations 2016) S.No.4(i) |
| 18. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | The state of the s | ' | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 19. | Copper (as Cupric Sulphate) | 0.5 mg | 25 | Schedule –I (Part-B)-FSS (Health Supplement and |
| | coppe. (as supris surprises) | 3.39 | | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 20. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| ZU. | | | | |

| 22. Biotin (D-B | f Additives/INS No | Maximum | | Poforonoo |
|---------------------------------------|----------------------|---------|-------|---|
| 22. Biotin (D-B | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 22. Biotin (D-B | B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 22. Biotin (D-B | • | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| ` | D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| • | | | | Nutraceuticals Regulations 2016) S.No.13(i) |
| ` | -Biotin) | 150 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | | | | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 21. lodine (as | s Potassium Iodide) | 0.1 mg | 66.66 | Schedule -I (Part-B)-FSS (Health Supplement and |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 30 |
|-----|--------------------------------------|-----------|---|
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

55. Folic Acid, DHA & Pyridoxal 5-Phosphate Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 2. | Omega- 3 fatty acid (DHA) | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 3. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

56. Cyanocobalamin, Folic Acid, DHA & Pyridoxal 5-Phosphate Soft Gelatin Capsules

| Sr. | Ingredients | ∣ Claim* | % RDA | Reference |
|--------|--|----------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | · | | |
| 1. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Omega- 3 fatty acid (DHA) | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 4. | Vitamin B6 (Pyridoxal 5-Phosphate) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

57. Grape Seed Extract, Lutein, Lycopene, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|-----------|
| Each So | ft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Grape Seed Extract | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
|-----|--|---------|-----|--|
| 2. | Lycopene 6% | 2 mg | ** | and Nutraceuticals Regulations 2016) S.No. 85 Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Lutein 10% | 5 mg | ** | Schedule –VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| 4. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 5. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 6. | Vitamin B2 (Riboflavin) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) |
| 7. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 9. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 10. | Zinc (as Zinc Sulphate) | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 11. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | Reference |
|---------|---|-------------------------|---|
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil (Refined Soyabean Oil) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 27 |
|-----|---------------------------------------|-----------|--|
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

58. Omega-3 Fatty Acid, Boron & Calcium Carbonate Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|------------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | Eicosapentaenoic Acid | 90 mg | | and Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Boron (as Boron Proteonate) | 1.5 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(i) |
| 3. | Calcium (as Calcium Carbonate) | 500 mg | 83.33 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1(i) |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | | Limits/G.M | I.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |

| 2. Soya Lecithin (INS 322 (i)) GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 3 Bees Wax (INS 901) GMP Schedule -VA-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 5 4. Vegetable Oil (Refined Soyabean Oil) GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 Sorbitol (INS 420(i)) GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 GMP Schedule -VF-FSS (Health Supplement a Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 GMP Schedule -VF-FSS (Health Supplement a Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 GMP | 26 |
|--|------------|
| 3. Bees Wax (INS 901) GMP Schedule -VA-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 5 4. Vegetable Oil (Refined Soyabean Oil) GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 Sorbitol (INS 420(i)) GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 Nutraceuticals Regulations 2016) S.No. 1 | and |
| A. Vegetable Oil (Refined Soyabean Oil) Sorbitol (INS 420(i) Mutraceuticals Regulations 2016) S.No. 5 GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 Sorbitol (INS 420(i) GMP Schedule -VE-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 1 | 36 |
| 4. Vegetable Oil (Refined Soyabean Oil) 5. Sorbitol (INS 420(i) GMP GMP Schedule -VF-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 Schedule -VE-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 7 | nd |
| (Refined Soyabean Oil) 5. Sorbitol (INS 420(i) GMP Schedule -VE-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 1 | j |
| 5. Sorbitol (INS 420(i) GMP Schedule -VE-FSS (Health Supplement a Nutraceuticals Regulations 2016) S.No. 1 | nd |
| Nutraceuticals Regulations 2016) S.No. 1 | ' 4 |
| · · · · · · · · · · · · · · · · · · · | nd |
| 6. Glycerin (INS 422) GMP Schedule -VF-FSS (Health Supplement a | 72 |
| | |
| Nutraceuticals Regulations 2016) S.No. 2 | <u>2</u> 7 |
| 7. Titanium Dioxide (INS 171) — Schedule -VE-FSS (Health Supplement a | nd |
| Nutraceuticals Regulations 2016) S.No. 1 | 81 |
| 8. BHA (INS 320) 0.5% Schedule -VF-FSS (Health Supplement a | nd |
| Nutraceuticals Regulations 2016) S.No. 5 | ; |
| 9. Methyl Paraben 0.2% Schedule -VF-FSS (Health Supplement a | and |
| Nutraceuticals Regulations 2016) S.No. 4 | 17 |
| 10. Propyl Paraben 0.02% Schedule-VF −FSS (Health Supplement a | nd |
| Nutraceuticals Regulations 2016) S.No. 5 | i 6 |
| 11. Colour Brillient Blue Supra (INS 133) 300 mg/Kg Schedule-VA FSS (Health Supplement an | d |
| Nutraceuticals Regulations 2016) S.No. 7 | , |
| 12. Colour Ponceau 4R Supra (INS 124) 300 mg/Kg Schedule-VA FSS (Health Supplement an | d |
| Nutraceuticals Regulations 2016) S.No. 3 | 30 |
| 13. Colour Sunset Yellow Supra (INS 110) 300 mg/Kg Schedule-VA FSS (Health Supplement an | d |
| Nutraceuticals Regulations 2016) S.No. 3 | 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

59. L-Glutamine, Vitamin B1, Vitamin B2, Vitamin B12 & Folic Acid Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| Each So | oft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | L-Glutamine | 450 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
|----|--|---------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.(v) |
| 2. | Vitamin B2 (Riboflavin) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(i) |
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 4. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 5. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |

| Name of Additives/INS No. | Maximum | Reference |
|---------------------------------------|---|---|
| | Limits/G.M.P | |
| Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 26 |
| Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 36 |
| Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | Gelatin Soya Lecithin (INS 322 (i)) Bees Wax (INS 901) Vegetable Oil (Refined Soyabean Oil) Sorbitol (INS 420(i) Glycerin (INS 422) Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben | Gelatin GMP Soya Lecithin (INS 322 (i)) GMP Bees Wax (INS 901) GMP Vegetable Oil GMP (Refined Soyabean Oil) GMP Glycerin (INS 420(i) GMP Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.02% |

| | | | Nutraceuticals Regulations 2016) S.No. 7 |
|-----|--------------------------------------|-----------|---|
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

60. Omega-3 Fatty Acid, Green Tea Extract, Ginkgo Biloba, Ginseng, Grape Seed Extract, Antioxidants, Vitamins, Minerals & Trace Elements Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---------------------------------|----------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 3. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 4. | Citrous Bioflavonoids | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 10 |
| 5. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| 6. | Natural Mixed Carotenoids (10%) | 11.33 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| 7. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 8. | Ginkgo Biloba Extract | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 16 |
| 9. | Piperine | 5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 28 |

| 10. | Lutein 8% | 250 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|------|---|-----------|------------|--|
| 10. | Lutelli 0 /0 | 230 11109 | | Nutraceuticals Regulations 2016) S.No. 110 |
| 11. | Niacin (Nicotinamide) | 20 mg | 95.23 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 11. | Macin (Modinarinae) | 201119 | 90.20 | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 12. | Vitamin B1 (Thiamine Mononitrate) | 1.5 mg | 88.23 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 12. | Vitariiii Di (Tillariille Monoritiate) | 1.5 mg | 00.23 | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 13. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 13. | Vitariiii bo (Fyridoxiiie Hydrociiiolide) | ' ' ' ' ' | 30 | Nutraceuticals Regulations 2016) S.No.5(i) |
| 14. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 17. | Polic Acid (IPpterbyiri giutarilic acid) | III/IIICg | 100 | Nutraceuticals Regulations 2016) S.No.14(i) |
| 15. | Biotin (D-Biotin) | 100 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| 13. | Biotiii (b-biotiii) | 100 micg | | Nutraceuticals Regulations 2016) S.No.13(i) |
| 16. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 10. | Vitariiii Kr(Friyiioquiiiorie) | 10 meg | 100 | Nutraceuticals Regulations 2016) S.No.10(i) |
| 17. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 17. | Vitariiii B12 (Gyariocobalariiii) | Tilleg | 100 | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 18. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 10. | Vitariiii D3 (Cholecalcherol) | 20010 | 30 | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 19. | Lactobacillus Rhamnosus | 500 Lac | ** | Schedule -VII -FSS (Health Supplement and |
| 1 2. | Lactobacinas Marinosas | JOO Lac | | Nutraceuticals Regulations 2016) S.No. 4 |
| 20. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 20. | Odiolatti E docorbate (Vitalitiii o) | 40 mg | 100 | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 21. | Ferrous Fumurate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 22. | Magnesium Oxide | .,9 | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 23. | Choline Hydrogen Tartrate | 25 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | onemie riyaregen ranaate | 259 | | Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 24. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | Transcouncing moganisms 2010) circo i (ty |
| 25. | Zinc Oxide | 32 | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 26. | Potassium (Potassium Chloride) | 4 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| _•• | , | 9 | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 27. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| ۷1. | Eq. to elemental Manganese | 1.5 mg | 30 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| | Eq. to elemental manganese | i.ə ilig | 3 U | inutiaceuticais regulations 2010/ 3.110. 8-(IV) |

| 28. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|-----------------------------|---------|-----|--|
| | Eq. to elemental Copper | 0.5 mg | 25 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 29. | Potassium Iodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 150 mcg | 100 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 30. | Boron Proteonate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Boron | 150 mcg | ** | Nutraceuticals Regulations 2016) S.No.15(i) |
| 31. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 65 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 32. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 25 mcg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 33. | Sodium Selenate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Selenium | 20 mcg | 50 | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.50 |
| 12. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 13. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 14. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

61. Omega-3 Fatty Acid, Green Tea Extract, Ginkgo Biloba, Ginseng, Grape Seed Extract, Antioxidants, Vitamins, Minerals & Trace Elements Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---------------------------------|----------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid | 150 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 3. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 4. | Citrous Bioflavonoids | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 10 |
| 5. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| 6. | Natural Mixed Carotenoids (10%) | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| 7. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 8. | Ginkgo Biloba Extract | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| | | | | Nutraceuticals Regulations 2016) S.No. 16 |
|-----|-----------------------------------|---------|-------|--|
| 9. | Piperine | 5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 28 |
| 10. | Lutein 8% | 250 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 110 |
| 11. | Vitamin B1 (Thiamine Mononitrate) | 1.5 mg | 88.23 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 12. | Biotin (D-Biotin) | 100 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.13(i) |
| 13. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.10(i) |
| 14. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 15. | Lactobacillus Rhamnosus | 500 Lac | ** | Schedule -VII -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 4 |
| 16. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 17. | Ferrous Fumurate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 18. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 19. | Choline Hydrogen Tartrate | 25 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 20. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 21. | Zinc Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 22. | Potassium (Potassium Chloride) | 4 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 23. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 1.5 mg | 30 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 24. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 0.5 mg | 25 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 25. | Potassium Iodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 150 mcg | 100 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |

| 26. | Boron Proteonate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|-----------------------------|---------|----|--|
| | Eq. to elemental Boron | 150 mcg | ** | Nutraceuticals Regulations 2016) S.No.15(i) |
| 27. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 65 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 28. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 25 mcg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 29. | Sodium Selenate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Selenium | 20 mcg | 50 | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.50 |

| 12. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 13. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 14. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

62. Vitamin C, Zinc, Lycopene, Sodium Selenate, Vitamin A & VitaminE Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|----------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 2. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 3. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 4. | Sodium Selenate Eq. to elemental Selenium | 40 mcg | 100 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 5. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 6. | Vitamin E (D-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |

| | 1 | Schedule -VA-FSS (Health Supplement and |
|---------------------------------------|---|---|
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No.50 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 7 |
| Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 30 |
| Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 39 |
| | (Refined Soyabean Oil) Sorbitol (INS 420(i) Glycerin (INS 422) Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben Choline Bitartrate (INS 1001) Colour Brillient Blue Supra (INS 133) Colour Ponceau 4R Supra (INS 124) Colour Sunset Yellow Supra (INS 110) | (Refined Soyabean Oil) Sorbitol (INS 420(i) GMP Glycerin (INS 422) GMP Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.2% Propyl Paraben 0.02% Choline Bitartrate (INS 1001) GMP Colour Brillient Blue Supra (INS 133) 300 mg/Kg Colour Ponceau 4R Supra (INS 124) 300 mg/Kg |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

63. Cyanocobalamin, VitaminE, Folic Acid, Vitamin B6 & Biotin Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------------|--------|-------|-----------|
| Each So | Each Soft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|---|---------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Vitamin E (D-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 4. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 5. | Biotin (D-Biotin) | 100 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.13(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No.50 |
|-----|---------------------------------------|-----------|---|
| 12. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 13. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 14. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

64. Calcium Citrate Malate, Vitamin K₂7, Vitamin D3, Vitamin B12, Magnesium & Zinc Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|------------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1(i) |
| 2. | Vitamin K ₂ 7 (Menaquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 3. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 4. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 5. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 6. | Zinc Sulphate Eq. to elemental Zinc | 7.5 mg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | l.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

65. Co Enzyme Q10, Omega -3 fatty acid, Lycopene, Sodium Selenate, Zinc, Vitamin B12, Calcium Ascorbate, Mixed Carotenoids & Ginkgo Biloba Extract Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | |
|--------------------------------------|---------------|--------|-------|--|--|
| No. | | | | | |
| Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Co Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and | |

| | | | | Nutraceuticals Regulations 2016) S.No.11 |
|----|---------------------------------|----------|------|--|
| 2. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 3. | Lycopene | 4000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 4. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Natural Mixed Carotenoids (10%) | 10.33 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 34 |
| 9. | Ginkgo Biloba Extract | 60 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 16 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

66. Ferrous Gluconate, Folic Acid & Zinc Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Ferrous Gluconate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(iv) |
| 2. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 3. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M.P | | |
| 1. | Gelatin | GMP | | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GI | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

67. Omega-3 fatty Acid, Wheat Germ Oil & VitaminE Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference | | |
|---------|--------------------------------------|--------|-------|--|--|--|
| No. | | | | | | |
| Each Se | Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Omega 3 fatty acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 | | |

| 2. | Wheat Germ Oil | 30 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
|----|--|-------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 3. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

68. Omega-3 fatty Acid ,Calcium Citrate Malate, Cyanocobalamin, Boron & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 4. | Boron (as Boron Proteonate) | 10 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(i) |
| 5. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

69. Carica Papaya Leaf Extract Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---------------------------------|------------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | - | | |
| 1. | Carica Papaya Leaf Extract | 1150 mg | ** | Schedule -IV (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.81 |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | .P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

70. Lycopene, Lutein, Beta Carotene, Grape Seed Extract, L-Arginine, Sodium Selenate, Zinc, Manganese & Copper Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Lycopene 6 % | 10000 | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | mcg | | Nutraceuticals Regulations 2016) S.No.112 |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 2. | Lutein 10% | 8000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|----------------------------|----------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 110 |
| 3. | Betacarotene (30%) | 5.17 mg | 32.31 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 2(i) |
| 4. | Grape Seed Extract | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |
| 5. | L-Arginine | 500 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 6. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 7. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 8. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 1 mg | 20 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 9. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

71. Omega-3 fatty Acid, Wheat Germ Oil & VitaminE Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|------------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | ' | | |
| 1. | Omega 3 fatty acid | 150 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Wheat Germ Oil | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 3. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | l.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| | | | |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

72. Lycopene, Lutein, Beta Carotene, Black Grape Seed & Vitamin B12 Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|----------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Lycopene 6 % | 8000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 3. | Lutein 10% | 4 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|--------------------------|-------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 110 |
| 4. | Betacarotene (30%) | 5 mg | 31.25 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No. 2(i) |
| 5. | Black Grape Seed Extract | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | · | | | Nutraceuticals Regulations 2016) S.No. 85 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

73. Omega-3 fatty Acid ,Calcium Citrate Malate, Cyanocobalamin, Boron & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 4. | Boron (as Boron Proteonate) | 1.5 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(i) |
| 5. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |

| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

74. Omega-3 fatty Acid, Wheat Germ Oil & VitaminE Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid | 30 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 2. | Wheat Germ Oil | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 3. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M.P | | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

75. Cyanocobalamin, Alpha Lipoic Acid, Folic Acid, Pyridoxine Hydrochloride& Zinc Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | • | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|---------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Alpha Lipoic Acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 |
| 3. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 7 |
|-----|--------------------------------------|-----------|---|
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

76. Omega-3 Fatty Acid, Green Tea Extract, Ginkgo Biloba, Ginseng, Grape Seed Extract, Garlic Extract, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|----------------------------------|----------|-------|--|
| Each Sc | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 3. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 4. | Ginkgo Biloba Extract | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 16 |
| 5. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |
| 6. | Garlic Extract (Allium sativum) | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 3 |
| 7. | Lactobacillus Rhamnosus | 500 Lac | ** | Schedule -VII -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 4 |
| 8. | Citrous Bioflavonoids | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | (8 mg Bioflavonoids) | | | Nutraceuticals Regulations 2016) S.No. 10 |
| 9. | Natural Mixed Carotenoids (10%) | 11.33 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 34 |

| | | J, | | |
|-----|--|-----------|-------|--|
| 10. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule –I (Part-A)-FSS (Health Supplement and |
| 44 | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | | .I.d. | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 11. | Wheat Germ Oil | 25 mg | ** | Schedule –VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 12. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.10(i) |
| 13. | Vitamin B1 (Thiamine Mononitrate) | 1.5 mg | 88.23 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 14. | Vitamin B6 (Pyridoxal 5-Phosphate) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 15. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 16. | Niacin (Nicotinamide) | 20 mg | 95.24 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 17. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , , , | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 18. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 19. | Biotin (D-Biotin) | 100 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.13(i) |
| 20. | Choline Hydrogen Tartrate | 25 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 21. | Lutein | 250 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 110 |
| 22. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | , , , , , , |
| 23. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 24. | Zinc Oxide | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | | | Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 25. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 150 mcg | 100 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 26. | Magnesium Oxide | 130 11109 | | Schedule -I (Part-B)-FSS (Health Supplement and |
| 20. | Eq. to elemental Magnesium | EE ma | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 27 | · · · · · · · · · · · · · · · · · · · | 55 mg | 10.17 | , , , |
| 27. | Manganese Sulphate | 15 ==== | 20 | Schedule –I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 1.5 mg | 30 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |

| 28. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|-------------------------|--------|----|---|
| | Eq. to elemental Copper | 0.5 mg | 25 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.50 |
| 12. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 13. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 14. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

77. Amino Acids, Lecithin, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|---------|-------|--|
| Each Sc | oft Gelatin Capsules Contains: | | | |
| 1. | L-Glutamic Acid | 3 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(iv) |
| 2. | L-Lysine | 10 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(vii) |
| 3. | DL- Methionine | 2 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(ix) |
| 4. | N-Acetyl-L-Cysteine | 5 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(ix |
| 5. | Co Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
| 6. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 7. | Vitamin B1 (Thiamine Mononitrate) | 0.85 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 8. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 9. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 10. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 11. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 12. | Vitamin E (DL-alpha -tocopheryl acetate) | 4.5 mg | 45 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 13. | Vitamin C (L-Ascorbic Acid) | 30 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 14. | Niacin (Nicotinamide) | 10 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |

| 15. | D-Penthenol | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16(iii) |
|-----|---|---------|-------|--|
| 16. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 17. | Choline | 10 mg | ** | Schedule –II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xxii) |
| 18. | Biotin (D-Biotin) | 50 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.13(i) |
| 19. | Vitamin K ₂ 7 (Menaquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 20. | Cupric Sulphate Eq. to elemental Copper | 1 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 21. | Potassium lodide Eq. to elemental lodine | 75 mcg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 22. | Ferrous Fumarate Eq. to elemental Iron | 17 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 23. | Manganese Sulphate Eq. to elemental Manganese | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 24. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 25. | Sodium Molybdate Dihydrate Eq. to Elemental Molybdenum | 65 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 26. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 27. | Zinc Sulphate Eq. to elemental Zinc | 5 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 28. | Myo-Inositol | 5 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xxviii) |
| 29. | Lecithin | 5 mg | ** | Schedule -VE -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.91 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 36 |
|-----|---------------------------------------|-----------|--|
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note: 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

78. Cyanocobalamin, Alpha Lipoic Acid, Folic Acid, Pyridoxine Hydrochloride & Chromium Picolinate Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | • | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|---------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Alpha Lipoic Acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 |
| 3. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 5. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 60 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 7 |
|-----|--------------------------------------|-----------|---|
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

79. Ginseng, Garlic Extract & Ginkgo Biloba Extract Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|---------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Garlic Extract | 2 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 3 |
| 3. | Ginkgo Biloba Extract | 60 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 16 |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 27 |
|-----|---------------------------------------|-----------|--|
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

80. Beta Carotene, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|-----------|
| Each So | ft Gelatin Capsules Contains: | | | |

| 1. | Betacarotene (10%) | 10 mg | 20.83 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 2(i) |
|----|--|---------|-------|--|
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 3. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 4. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 5. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |

| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|-----|--|---------|-------|---|
| 7. | Zinc Sulphate | | | Nutraceuticals Regulations 2016) S.No.9(iv) Schedule -I (Part-B)-FSS (Health Supplement and |
| 7. | Eq. to elemental Zinc | 5 mg | 41.66 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 8. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 2 mg | 100 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 9. | Ferrous Gluconate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(iv) |
| 10. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 2 mg | 40 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 11. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 12. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 13. | Potassium (Potassium Chloride) | 250 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 14. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

81.Calcium Citrate Malate, Vitamin K₂7 & Magnesium Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|------------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | 1 | | |
| 1. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1(i) |
| 2. | Vitamin K ₂ 7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 3. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | I.P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |

| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| | to d A Doda (0) 0 Doda (4) - fals - F00 (11 lal | | - \ D - + 001 C |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

82. Soya Lecithin Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | • | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Soya Lecithin | 300 mg | ** | Schedule -VE -FSS (Health Supplement and |
|----|---------------|--------|----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.91 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016. 2.Doses/Claim as per RDA Value of ICMR 2010.

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030 3.**- No RDA Established.

83. Lycopene, Vitamin A, Vitamin E, Vitamin C, Sodium Selenate & Zinc Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | | | |

| 1. | Lycopene 6% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|--|----------|------|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin E (D-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 3. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 4. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Name of Additives/INS No. | Maximum | Reference |
|-----------------------------|--|--|
| | Limits/G.M.P | |
| Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 26 |
| Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 36 |
| Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | Gelatin Soya Lecithin (INS 322 (i)) Bees Wax (INS 901) Vegetable Oil (Refined Soyabean Oil) Sorbitol (INS 420(i) Glycerin (INS 422) | Gelatin GMP Soya Lecithin (INS 322 (i)) Bees Wax (INS 901) Vegetable Oil (Refined Soyabean Oil) Sorbitol (INS 420(i) GMP |

| | | | Nutraceuticals Regulations 2016) S.No. 181 |
|-----|---------------------------------------|-----------|--|
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

84. Cyanocobalamin, Alpha Lipoic Acid, Folic Acid, Thiamine Mononitrate & Pyridoxine Hydrochloride Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | ' | | |
| 1. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 2. | Alpha Lipoic Acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 |
| 3. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 5. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

85. Lycopene, Green Tea Extraxt, Sodium Selenate, Vitamins & Amino Acids Soft Gelatin Capsules

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|--------------------------------------|-------------|--------|-------|-----------|
| Each Soft Gelatin Capsules Contains: | | | | |

| 1. | Lycopene 6% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|-----|--|----------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 2. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 3. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | \(\text{\text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exitt{\$\text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exitting{\$\text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exittity}\$}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}} | | 100 | Nutraceuticals Regulations 2016) S.No.4(ii) |
| 4. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Vitamin B6 (Pyridoxal 5-Phosphate) |
| 5. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 6. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 7. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 9. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 10. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 200 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 11. | L-Arginine | 20 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 12. | L- Methionine (DL- Methionine) | 5 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(ix) |
| 13. | L-Lycine L-Lycine | 4 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(vii) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | |

| | | | Nutraceuticals Regulations 2016) S.No. 36 |
|-----|---------------------------------------|-----------|--|
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note: 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

Eq. to elemental Iron

86. Ferrous Gluconate, Folic Acid, Cyanocobalamin & Zinc Soft Gelatin Capsules.

| е | | | | |
|--------------------------------------|--|--|--|--|
| | | | | |
| Each Soft Gelatin Capsules Contains: | | | | |
| Ith Supplement and | | | | |
| lth S | | | | |

100

Nutraceuticals Regulations 2016) S.No. 6-(iv)

17 mg

Titanium Dioxide (INS 171)

Colour Brillient Blue Supra (INS 133)

Colour Ponceau 4R Supra (INS 124)

Colour Sunset Yellow Supra (INS 110)

BHA (INS 320)

Methyl Paraben

Propyl Paraben

7.

8.

9.

10.

11.

12.

13.

| 2. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
|-----|--|--------------|-----|--|
| 3. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 4. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M.P | | |
| 1. | Gelatin | GM | 1P | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GM | 1P | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GM | 1P | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GM | 1P | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GM | 1P | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |

0.5%

0.2%

0.02%

300 mg/Kg

300 mg/Kg

300 mg/Kg

Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 181 Schedule -VF-FSS (Health Supplement and

Nutraceuticals Regulations 2016) S.No. 5

Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 47 Schedule-VF FSS (Health Supplement and

Nutraceuticals Regulations 2016) S.No. 56

Schedule-VA FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7

Schedule-VA FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 30

Schedule-VA FSS (Health Supplement and

Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

87. Amino Acids, Lecithin, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | | |
|---------|---|---------|-------|--|--|--|--|
| Each Sc | Each Soft Gelatin Capsules Contains: | | | | | | |
| 1. | L-Glutamic Acid | 3 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(iv) | | | |
| 2. | L-Lysine | 10 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(vii) | | | |
| 3. | DL- Methionine | 2 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(ix) | | | |
| 4. | N-Acetyl-L-Cysteine | 5 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(ix | | | |
| 5. | Co Enzyme Q10 | 0.25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 | | | |
| 6. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) | | | |
| 7. | Vitamin B1 (Thiamine Mononitrate) | 0.85 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) | | | |
| 8. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) | | | |
| 9. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) | | | |
| 10. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) | | | |
| 11. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) | | | |
| 12. | Vitamin E (DL-alpha -tocopheryl acetate) | 3 mg | 30 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) | | | |
| 13. | Niacin (Nicotinamide) | 10 mg | 47.62 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) | | | |

| 14. | D-Penthenol | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16(iii) |
|-----|---|--------------------------|--------------|---|
| 15. | Folic Acid (n-pteroyl-l glutamic acid) | 100 mcg | 85.47 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 16. | Choline Hydrogen Tartrate | 10 mg | ** | Schedule –II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 17. | Biotin (D-Biotin) | 50 mcg | ** | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.13(i) |
| 18. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.10(i) |
| 19. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 20. | CupricOxide Eq. to elemental Copper | 1 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(vi) |
| 21. | Potassium lodide Eq. to elemental lodine | 75 mcg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 22. | Ferrous Fumarate Eq. to elemental Iron | 8.5 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 23. | Manganese Sulphate Eq. to elemental Manganese | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 24. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 25. | Sodium Molybdate Dihydrate Eq. to Elemental Molybdenum | 5 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 26. | Potassium (Potassium Chloride) | 250 mcg | ** | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |
| 27. | Zinc Oxide Eq. to elemental Zinc | 5 mg | 41.66 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 28. | Myo-Inositol | 5 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xxviii) |
| 29. | Lecithin | 5 mg | ** | Schedule -VE -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.91 |
| 30. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

88. Ginseng, Lycopene, Grape Seed Extract, Amino Acid, Multivitamin & Multimineral Soft Gelatin Capsules

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | | | |

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---|----------|-------|--|
| 2. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 10.25 mg | 60.29 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 3. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | , |
| 4. | Grape Seed Extract | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |
| 5. | Lycopene 6% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 6. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 7. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 8. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 9. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 10. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(ii) |
| 11. | Niacin (Vitamin B3) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 12. | Vitamin B5 (D-Pantothenate,sodium) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16 (ii) |
| 13. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 14. | Vitamin B9 (n-pteroyl-l glutamic acid) | 200 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 15. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 16. | Vitamin C (L-Ascorbic Acid) | 25 mg | 62.5 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |

| 17. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|-----------------------------|---------|-------|--|
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 18. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 100 mcg | 66.66 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 19. | Magnesium Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 20. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 21. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 200 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 22. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 23. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 16 mg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 24. | L-Glutamic Acid | 17.5 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(iv) |
| 25. | L-Lycine HCI | 15 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |

| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

89. Lycopene, Omega-3 Fatty Acid, Mixed Carotenoids, Wheat Germ Oil, Calcium Ascorbate, Vitamin B12, Sodium Selenate & Zinc Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | 1 | |
| 1. | Lycopene | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |

| 1. | Lycopene | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|---------------------------------|----------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 2. | Omega 3 fatty acid | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.132 |
| 3. | Natural Mixed Carotenoids (10%) | 10.35 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 34 |
| 4. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 5. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , | | | Nutraceuticals Regulations 2016) S.No.6 (i) |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 7. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|-----------------------|--------|------|--|
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| 8. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

90. Folic Acid, Cyanocobalamin & DHA Soft Gelatin Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|------------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Omega 3 fatty acid (DHA) | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | .P | |
| 1. | Gelatin | GI | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GI | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GI | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GI | MP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GI | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GI | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0. | 5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0. | 2% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

91. Alpha Lipoic Acid, Vitamin B1, Vitamin B6, Folic Acid, Cyanocobalamin & Vitamin D3 Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Alpha Lipoic Acid | 100 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 |
| 2. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 3. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 5. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 6. | Vitamin D3 (Cholecalciferol) | 400 IU | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |

| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| | to d A Doda (0) 0 Doda (4) - fall - F00 (11 lal | | - \ D - + 001 C |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

92. Ginseng, L-Arginine, Multivitamin & Multimineral Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | • | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| | | , | , | |
|-----|--|---------|-------|--|
| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | L-Arginine | 25 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 3. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 4. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 5. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(ii) |
| 6. | Niacin (Vitamin B3) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 7. | Vitamin B5 (D-Pantothenate,sodium) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.16 (ii) |
| 8. | Vitamin B6 (Pyridoxal 5-Phosphate) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 9. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 10. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 11. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 12. | Vitamin E (DL-alpha-tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 13. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 10 mg | 83.33 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 14. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 100 mcg | 66.66 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 15. | Magnesium Sulphate | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | | | Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 16. | Manganese Sulphate | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | | | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 17. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 18. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | The state of the s | 1 - 1 | =0 | |
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |

| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
|-----|--------------------------------|---------|------|---|
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 20. | Potassium (Potassium Chloride) | 250 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016. 2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

93. Calcium Carbonate & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|------------|-------|---|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | , | | |
| 1. | Calcium (as Calcium Carbonate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| Sr. | Name of Additives/INS No. | Maximum | | Reference |
| No. | | Limits/G.M | .P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | G | MP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | G | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | G | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | | | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0. | 5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0. | 2% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

94. Calcium Carbonate, Cyanocobalamin, Vitamin K27, Zinc & Magnesium Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------|-------|--|
| No. | | | | |
| Each : | Soft Gelatin Capsules Contains: | | | |
| 1. | Calcium (as Calcium Carbonate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Vitamin K ₂ 7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 4. | Zinc Sulphate Eq. to elemental Zinc | 7.5 mg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 5. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7-(vii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

95. Calcium Carbonate & Vitamin K₂7 Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | |
|--------------------------------------|--------------------------------|--------|-------|--|--|--|
| No. | | | | | | |
| Each Soft Gelatin Capsules Contains: | | | | | | |
| 1. | Calcium (as Calcium Carbonate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) | | |

| 2. | Vitamin K₂7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|-------------|--------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.11(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016. 2.Doses/Claim as per RDA Value of ICMR 2010.

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030 3.**- No RDA Established.

96. Omega-3 Fatty Acid, Green Tea Extract, Ginkgo Biloba, Ginseng, Grape Seed Extract, Antioxidants, Vitamins, Minerals & Trace Elements Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---------------------------------------|----------|-------|---|
| Each Sc | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 3. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 4. | Ginkgo Biloba Extract | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 16 |
| 5. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| 6. | Lactobacillus Rhamnosus | 500 Lac | ** | Schedule -VII -FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4 |
| 7. | Citrous Bioflavonoids | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 10 |
| 8. | Natural Mixed Carotenoids (10%) | 11.33 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| 9. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 10. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 11. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.10(i) |
| 12. | Vitamin B1 (Thiamine Mononitrate) | 1.5 mg | 88.23 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 13. | Vitamin B6 (Pyridoxine Hydrochloride) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |

| 14. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
|-----|---|--------------------------|--------------|--|
| 15. | Niacin (Nicotinamide) | 18 mg | 85.71 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |
| 16. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 17. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 18. | Biotin (D-Biotin) | 100 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.13(i) |
| 19. | Choline Hydrogen Tartrate | 25 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 20. | Lutein | 250 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| 21. | Piperine | 5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 28 |
| 22. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 23. | Ferrous Fumurate Eq. to elemental Iron | 17 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 24. | Zinc Oxide Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 25. | Potassium lodide Eq. to elemental lodine | 150 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 26. | Magnesium Oxide Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 27. | Manganese Sulphate Eq. to elemental Manganese | 1.5 mg | 30 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 28. | Cupric Sulphate Eq. to elemental Copper | 0.65 mg | 32.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 29. | Chromium Picolinate Eq. to elemental Chromium | 25 mcg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 |
| 30. | Sodium Molybdate Dihydrate Eq. to Elemental Molybdenum | 20 mcg | ** | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 31. | Sodium Selenate Eq. to elemental Selenium | 20 mcg | 50 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| 32. | Potassium (as Potassium Chloride) | 150 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |
|-----|--|---------|----|---|
| 33. | Boron Proteonate Eq. to elemental Boron | 150 mcg | ** | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.50 |
| 12. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 13. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |

| 14. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and | |
|-----|--------------------------------------|-----------|---|--|
| | | | Nutraceuticals Regulations 2016) S.No. 39 | |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

97. Calcium Carbonate & Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Calcium (as Calcium Carbonate) | 200 mg | 33.33 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

98. Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|--------------------------|--------------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule −I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 2. | Vitamin C (L-Ascorbic Acid) | 25 mg | 62.5 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 3. | Niacin (Nicotinamide) | 15 mg | 71.43 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |
| 4. | Magnesium (as Magnesium Sulphate) | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(viii) |
| 5. | Potassium (Potassium Chloride) | 2 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |
| 6. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |

| 7. | Vitamin B2 (Riboflavin) | 1 mg | 47.62 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) |
|-----|--|---------|-------|--|
| 8. | Vitamin B6 (Pyridoxine Hydrochloride) | 0.5 mg | 25 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 9. | D-Pantothenate, calcium | 1 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16(i) |
| 10. | Manganese (as Manganese Sulphate) | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 11. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 12. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 13. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 14. | Copper (as Cupric Sulphate) | 0.45 mg | 22.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 15. | lodine (as Potassium lodide) | 75 mcg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 16. | Molybdenum (as Sodium Molybdate Dihydrate) | 0.1 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 17. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 18. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 19. | Vitamin E (D-alpha -tocopheryl acetate) | 6 mg | 60 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |
| | | | | |

| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | Reference |
|---------|-----------------------------|-------------------------|---|
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |

| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

99. Calcium Citrate Malate, Vitamin B12, Omega-3 Fatty Acid, Vitamin K₂7, Boron & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|-------------------------------------|--------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1(i) |
| 2. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |

| 3. | Vitamin K₂7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|---------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.11(i) |
| 4. | Boron (as Boron Proteonate) | 150 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(i) |
| 5. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | 1 | 1 | 1 |

Nutraceuticals Regulations 2016) S.No. 39

Note: 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

98. Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | | | |
|---------|--|---------|-------|--|--|--|--|--|
| Each Sc | Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and | | | | |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) | | | | |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | | | | | |
| 2. | Vitamin C (L-Ascorbic Acid) | 25 mg | 62.5 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) | | | | |
| 3. | Niacin (Nicotinamide) | 15 mg | 71.43 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) | | | | |
| 4. | Magnesium (as Magnesium Sulphate) | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(viii) | | | | |
| 5. | Potassium (Potassium Chloride) | 2 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) | | | | |
| 6. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) | | | | |
| 7. | Vitamin B2 (Riboflavin) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) | | | | |
| 8. | Vitamin B6 (Pyridoxine Hydrochloride) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) | | | | |
| 9. | Pantothenic Acid (D-Pantothenate, calcium) | 1 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16(i) | | | | |
| 10. | Manganese (as Manganese Sulphate) | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) | | | | |
| 11. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and | | | | |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) | | | | |
| 12. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) | | | | |
| 13. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) | | | | |

| 14. | Copper (as Cupric Sulphate) | 0.45 mg | 22.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
|-----|--|---------|------|--|
| 15. | Iodine (as Potassium Iodide) | 75 mcg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 16. | Molybdenum (as Sodium Molybdate Dihydrate) | 0.1 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 17. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 18. | Vitamin D3 (Cholecalciferol) | 100 IU | 25 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 19. | Vitamin E (D-alpha- tocopheryl acetate) | 6 mg | 60 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |

| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

100. Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | |
|--------------------------------------|---|--------------------------|--------------|---|--|--|
| Each Soft Gelatin Capsules Contains: | | | | | | |
| 1. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) | | |
| 2. | Ferrous Sulphate Eq. to elemental Iron | 17 mg | 100 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(viii) | | |
| 3. | Magnesium (as Magnesium Sulphate) | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7-(viii) | | |
| 4. | Potassium (Potassium Chloride) | 2 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) | | |
| 5. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) | | |
| 6. | Vitamin B2 (Riboflavin) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) | | |
| 7. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.34 mg | 67 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) | | |
| 8. | Molybdenum (as Sodium Molybdate Dihydrate) | 0.1 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9-(ii) | | |
| 9. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) | | |
| 10. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) | | |

| 11. | Vitamin E (D-alpha-tocopheryl acetate) | 1 mg | 10 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |
|---------|--|------------|-----|--|
| 12. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | | Limits/G.M | .P | |
| 1. | Gelatin | Gl | MP | Schedule -VF - FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | Gi | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | Gl | MP | Schedule -VA-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | Gl | MP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | Gl | MP | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GI | MP | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | - | _ | Schedule -VE-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0. | 5% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0. | 2% | Schedule -VF-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.0 | 02% | Schedule-VF -FSS (Health Supplement and |
| | T. Control of the con | 1 | | 1 |

300 mg/Kg

300 mg/Kg

300 mg/Kg

Nutraceuticals Regulations 2016) S.No. 56

Schedule-VA FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7

Schedule-VA FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 30

Schedule-VA FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 39

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

Colour Brillient Blue Supra (INS 133)

Colour Ponceau 4R Supra (INS 124)

Colour Sunset Yellow Supra (INS 110)

11.

12.

13.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

101. Co-Enzyme Q10, Lycopene, Omega-3 Fatty Acid, Mixed Carotenoids, Wheat germ Oil, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|------------------------|-------|---|
| Each So | ft Gelatin Capsules Contains: | | | |
| 1. | Co-Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11 |
| 2. | Lycopene 10% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Omega 3 fatty acid providing Eicosapentaenoic Acid Docosahexaenoic Acid | 90 mg 60 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 4. | Natural Mixed Carotenoids (10%) | 10.35 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| 5. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 6. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 9. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M. | P | Reference |
| 1. | Gelatin | GN | ИP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GN | ИP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

102. Calcium Citrate Malate, Zinc & Magnesium Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | |
|--------|--------------------------------------|--------|-------|---|--|--|
| No. | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Calcium (as Calcium Citrate Malate) | 425 mg | 70.83 | Schedule -I (Part-B)-FSS (Health Supplement and | | |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) | | |

| 2. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|----------------------------|-------|-------|---|
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 3. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016. 2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

103. Vitamins & Minerals Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|---------|-------|--|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin E (D-alpha -tocopheryl acetate) | 1 mg | 10 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |
| 3. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 4. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 5. | Vitamin B2 (Riboflavin) | 1 mg | 47.62 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) |
| 6. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.34 mg | 67 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |
| 7. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Vitamin C (L-Ascorbic Acid) | 12 mg | 30 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 9. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 10. | Niacin (Nicotinamide) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |
| 11. | Iodine (as Potassium Iodide) | 75 mcg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| 12. | Potassium (Potassium Chloride) | 2 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |
| 13. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 14. | Magnesium (as Magnesium Sulphate) | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030 Nutraceuticals Regulations 2016) S.No.7-(viii)

| | | | Nutraceuticals Regulations 2016) S.No.7-(viii) |
|---------|---------------------------------------|-------------------------|--|
| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | Reference |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

104. Lycopene, Omega-3 Fatty Acid, Calcium Citrate Malate, Vitamin K₂7, Vitamin B6,Folic Acid & Vitamin B12 Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | |
|--------------------------------------|--|---------|-------|---|--|
| Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and | |

| 1. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|--|---------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 2. | Vitamin K₂7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.11(i) |
| 3. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 4. | Omega 3 fatty acid providing | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 5. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 6. | Vitamin B6 (Pyridoxine Hydrochloride) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 7. | Lycopene 6% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 172 |
|-----|---------------------------------------|-----------|--|
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

105. Co-Enzyme Q 10, Lycopene, Omega-3 Fatty Acid, Sodium Selenate, Mixed Carotenoids, Calcium Ascorbate, Wheat Germ Oil, Zinc & Vitamin B12Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|----------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | - | | |
| 1. | Co Enzyme Q10 | 50 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.11 |
| 2. | Lycopene 10% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Omega 3 fatty acid providing | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |

| | Docosahexaenoic Acid | 60 mg | | |
|----|--|--------|-----|--|
| 4. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 5. | Natural Mixed Carotenoids (10%) | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| 6. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 8. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 9. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

106. Calcium Carbonate, Vitamin B12, Vitamin B6, Folic Acid & Zinc Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|--------------------------------------|-------------|--------|-------|-----------|
| Each Soft Gelatin Capsules Contains: | | | | |

| 1. | Calcium Carbonate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|--|---------|-------|--|
| | Eq. to elemental Calcium | 250 mg | 41.66 | Nutraceuticals Regulations 2016) S.No. 1(i) |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 4. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Name of Additives/INS No. | Maximum | Reference |
|-----------------------------|--------------------------------------|--|
| | Limits/G.M.P | |
| Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 26 |
| Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 36 |
| Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | Gelatin Soya Lecithin (INS 322 (i)) | Gelatin GMP Soya Lecithin (INS 322 (i)) GMP |

| | | | Nutraceuticals Regulations 2016) S.No. 5 |
|-----|---------------------------------------|-----------|--|
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

107. Calcium Citrate Malate, Zinc, Magnesium & Vitamin B12 Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | |
|--------|--------------------------------------|--------|-------|---|--|--|
| No. | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Calcium (as Calcium Citrate Malate) | 425 mg | 70.83 | Schedule -I (Part-B)-FSS (Health Supplement and | | |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) | | |
| 2. | Zinc Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and | | |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(vi) | | |

| 3. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|------------------------------|-------|-------|---|
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 4. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

108. Calcium Carbonate, Omega 3 Fatty Acid, Boron, & Vitamin B12 Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | , | | |
| 1. | Calcium Carbonate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Calcium | 500 mg | 83.33 | Nutraceuticals Regulations 2016) S.No. 1(i) |
| 2. | Omega 3 fatty acid providing | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 3. | Boron (as Boron Proteonate) | 150 mcg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(i) |
| 4. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 5. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |

| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

109. Calcium Carbonate & Vitamin K₂7 Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | | | | |
|--------|--------------------------------------|--------|-------|---|--|--|--|--|
| No. | | | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Calcium Carbonate | | | Schedule -I (Part-B)-FSS (Health Supplement and | | | | |
| | Eq. to elemental Calcium | 600 mg | 100 | Nutraceuticals Regulations 2016) S.No. 1(i) | | | | |
| 2. | Vitamin K₂7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and | | | | |
| | | | | Nutraceuticals Regulations 2016) S.No.11(i) | | | | |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

110. Calcium Carbonate & Vitamin D3 Soft Gelatin Capsules

| | 1. 1. | A. | | | | |
|--------|--------------------------------------|-----------|-------|---|--|--|
| Sr. | Ingredients | Claim* | % RDA | Reference | | |
| No. | | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Calcium Carbonate | 500 mg | 100 | Schedule –I (Part-B)-FSS (Health Supplement and | | |

| 2 | Vitamin D3 (Cholecalciferol) | 400 IU | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|---|------------------------------|--------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016. 2.Doses/Claim as per RDA Value of ICMR 2010.

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030 3.**- No RDA Established.

111. Ginseng, Vitamin & Mineral Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | • | | |

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
|-----|--|---------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Niacin (Nicotinamide) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |
| 3. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 4. | Vitamin B6 (Pyridoxal 5-Phosphate) | 1 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 5. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 7. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 8. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 9. | Magnesium Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 10. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Manganese | 2 mg | 40 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 11. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 12. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 100 mcg | 66.66 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

112. Ginseng, Multivitamin & Multimineral Softgel Capsules.

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|------------|--------------------------------|--------|-------|-----------|
| Each So | oft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---|--------------------------|--------------|---|
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Nutraceuticals Regulations 2016) S.No.1(iii) Schedule –I (Part-A)-FSS (Health Supplement and |
| 4. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 1.5 mg | 71.43 | Nutraceuticals Regulations 2016) S.No.3(ii) Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 5. | Vitamin B3 (Nicotinamide) | 10 mg | 47.62 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(ii) |
| 6. | Vitamin B5 (D-Pantothenate,calcium) | 5 mg | ** | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16 (i) |
| 7. | Vitamin B6 (Pyridoxal 5-Phosphate) | 1 mg | 50 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 6. | Vitamin B12 (Cyanocobalamin) | 0.5 mcg | 50 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 9. | Vitamin E (D-alpha-tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |
| 10. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 11. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 12. | Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous | 255 mg 75 mg 58 mg | 12.5 9.66 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 1-(x) |
| 13. | Ferrous Fumarate Eq. to elemental Iron | 17 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 14. | Zinc Oxide Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 10. | Magnesium Sulphate Eq. to elemental Magnesium | 55 mg | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 11. | Manganese Sulphate Eq. to elemental Manganese | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 12. | Potassium (Potassium Chloride) | 1 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. B(v) |

| 13. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|-------------------------|---------|-------|---|
| | Eq. to elemental Copper | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 14. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 100 mcg | 66.66 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |

| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and | |
|-----|--------------------------------------|-----------|---|--|
| | | | Nutraceuticals Regulations 2016) S.No. 39 | |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

113. Omega-3 Fatty Acid, Green Tea Extract, Ginkgo Biloba, Ginseng, Grape Seed Extract, Antioxidants, Vitamins, Minerals & Trace Elements Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---------------------------------|---------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 2. | Calcium-L-ascorbate (Vitamin C) | 40 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Green Tea Extract | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 4. | Ginkgo Biloba Extract | 10 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 16 |
| 5. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | _ | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 6. | Ferrous Fumurate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 7. | Wheat Germ Oil | 25 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 8. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 9. | Citrous Bioflavonoids | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | (8 mg Bioflavonoids) | | | Nutraceuticals Regulations 2016) S.No. 10 |
| 10. | Choline Hydrogen Tartrate | 25 mg | ** | Schedule -II (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(xxvii) |
| 11. | Niacin (Nicotinamide) | 20 mg | 95.24 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |

| 12. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|--|----------|-------|--|
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | , ,, |
| 13. | Zinc Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 14. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 85 |
| 15. | Natural Mixed Carotenoids (10%) | 11.33 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 34 |
| 16. | Piperine | 5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 28 |
| 17. | Potassium (as Potassium Chloride) | 4 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. B(v) |
| 18. | Manganese Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| 10. | Eq. to elemental Manganese | 1.5 mg | 30 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 19. | Vitamin B1 (Thiamine Mononitrate) | 1.5 mg | 88.23 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 19. | Vitariiii Bi (iiiiaiiiiie Monoiiitate) | 1.5 mg | 00.23 | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 20. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.5 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| 20. | Vitariiii bo (i yildoxiiic riyaroonioilde) | 1.5 1119 | 70 | Nutraceuticals Regulations 2016) S.No.5(i) |
| 21. | Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Copper | 0.5 mg | 25 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 22. | Lutein | 250 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 110 |
| 23. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.14(i) |
| 24. | Biotin (D-Biotin) | 100 mcg | ** | Schedule -I (Part-A)-FSS (Health Supplement and |
| | , , | | | Nutraceuticals Regulations 2016) S.No.13(i) |
| 25. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 26. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 27. | Lactobacillus Rhamnosus | 500 Lac | ** | Schedule -VII -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 4 |
| 28. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | Eq. to elemental Chromium | 65 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| 29. | Potassium lodide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental lodine | 150 mcg | 100 | Nutraceuticals Regulations 2016) S.No. 5-(iii) |
| | Eq. to cicilicital localic | 100 meg | 100 | |

| 30. | Boron Proteonate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|-----|-----------------------------|---------|-----|---|
| | Eq. to elemental Boron | 150 mcg | ** | Nutraceuticals Regulations 2016) S.No.15(i) |
| 31. | Sodium Selenate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Selenium | 20 mcg | 50 | Nutraceuticals Regulations 2016) S.No.12(i) |
| 32. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 25 mcg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |
| 33. | Vitamin K1(Phylloquinone) | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.10(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Choline Bitartrate (INS 1001) | GMP | Schedule-VE -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.50 |

| 12. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 13. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 14. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

114. Calcium Citrate Malate, Cyanocobalamin, Boron, Vitamin K₂7 & Folic Acid Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|----------------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Calcium (as Calcium Citrate Malate) | 500 mg | 83.33 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 3. | Omega 3 fatty acid providing Eicosapentaenoic Acid Docosahexaenoic Acid | 90 mg 60 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.132 |
| 4. | Boron (as Boron Proteonate) | 1.5 mg | ** | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.15(i) |
| 5. | Vitamin K ₂ 7 | 10 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.11(i) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | |

| | | | Nutraceuticals Regulations 2016) S.No. 36 |
|-----|---------------------------------------|-----------|--|
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| - | | · | |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

115. Lycopene, Ginseng Extraxt, Beta Carotene, L-Lysine, Vitamins & Minerals Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| Each So | oft Gelatin Capsules Contains: | | | |

| 1. | Lycopene 6% | 5000 mcg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|-------------|----------|----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |

| Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
|---|--|--|---|
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| Betacarotene (10%) | 500 mcg | 1.04 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 2(i) |
| Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 0.5 mg | 23.80 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.4(ii) |
| Vitamin B6 (Pyridoxal 5-Phosphate) | 0.5 mg | 25 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| Vitamin C (L-Ascorbic Acid) | 25 mg | 62.5 | Schedule -I (Part-A)-FSS (Health Supplement and |
| , | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| Vitamin E (DL-alpha tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| L-Lycine | 4 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.(vii) |
| Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| Eg. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| • | | 9.66 | |
| <u> </u> | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| • | | 16.17 | Schedule -I (Part-B)-FSS (Health Supplement and |
| · · | | | Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement and |
| Eq. to elemental Chromium | 60 mcg | ** | Nutraceuticals Regulations 2016) S.No.8 |
| Cupric Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| · _ · _ · | 1 mg | 50 | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| Sodium Selenate | | 100 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No.12(i) |
| | Betacarotene (10%) Vitamin A (Retinyl palmitate) Vitamin B1 (Thiamine Mononitrate) Vitamin B2 (Riboflavin 5-Phosphate, sodium) Vitamin B6 (Pyridoxal 5-Phosphate) Vitamin B12 (Cyanocobalamin) Vitamin C (L-Ascorbic Acid) Vitamin E (DL-alpha tocopheryl acetate) L-Lycine Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous Zinc Sulphate Eq. to elemental Zinc Magnesium Sulphate Eq. to elemental Magnesium Chromium Picolinate Eq. to elemental Chromium Cupric Sulphate Eq. to elemental Copper | Betacarotene (10%) Vitamin A (Retinyl palmitate) Vitamin B1 (Thiamine Mononitrate) Vitamin B2 (Riboflavin 5-Phosphate, sodium) Vitamin B6 (Pyridoxal 5-Phosphate) Vitamin B12 (Cyanocobalamin) Vitamin B12 (Cyanocobalamin) Vitamin C (L-Ascorbic Acid) Vitamin E (DL-alpha tocopheryl acetate) L-Lycine Dibasic Calcium Phosphate Eq. to Elemental Calcium Eq. to Elemental Phosphorous Zinc Sulphate Eq. to elemental Zinc Magnesium Sulphate Eq. to elemental Magnesium Chromium Picolinate Eq. to elemental Chromium 60 mcg Cupric Sulphate Eq. to elemental Copper 1 mg | Betacarotene (10%) 500 mcg 1.04 Vitamin A (Retinyl palmitate) 600 mcg 100 Vitamin B1 (Thiamine Mononitrate) 1 mg 58.82 Vitamin B2 (Riboflavin 5-Phosphate, sodium) 0.5 mg 23.80 Vitamin B6 (Pyridoxal 5-Phosphate) 0.5 mg 25 Vitamin B12 (Cyanocobalamin) 1 mcg 100 Vitamin C (L-Ascorbic Acid) 25 mg 62.5 Vitamin E (DL-alpha tocopheryl acetate) 5 mg 50 L-Lycine 4 mg ** Dibasic Calcium Phosphate 255 mg 52 mg 75 mg 12.5 mg 75 mg 12.5 mg 9.66 Zinc Sulphate 27 mg 100 Magnesium Picolinate 27 mg 100 Chromium Picolinate 27 mg 100 Cupric Sulphate 28 mg 16.17 Cupric Sulphate 29 mg 50 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

116. Lycopene, L- Arginine, Vitamin E, Beta Carotene, Lutein, Zinc, Manganese & Copper Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Lycopene 10% | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
|----|---|--------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 2. | L- Arginine | 25 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.XIX |
| 3. | Vitamin E (D-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9-(iii) |
| 4. | Beta Carotene | 4.8 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No.21 |
| 5. | Zinc oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 5 mg | 42 | Nutraceuticals Regulations 2016) S.No. 14 -(vi) |
| 6. | Lutein 8% | 7 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No. 110 |
| 7. | Manganese (As Manganese Sulphate) | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 8. | Copper (As Cupric Sulphate) | 1 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 4-(iv) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |

| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

117. Omega 3 Fatty Acid, Lutein, Zeaxanthin, L-Glutathione, Multivitamin, Multimineral & Antioxidant Softgel Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|--------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Omega 3 fatty acid providing | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 180 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 120 mg | | |
| 2. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 3. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 4. | Vitamin E (DL-alpha -tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 5. | Lutein 10 % | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.110 |
| 6. | Lycopene 10% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| | | | | Nutraceuticals Regulations 2016) S.No.112 |
|-----|-------------------------------|---------|------|--|
| 7. | Zeaxanthin 10% | 2 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.38 |
| 8. | L-Glutathione | 1 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.38 |
| 9. | Copper (as Cupric Sulphate) | 1 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 10. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 11. | Sodium Selenate | 25 mcg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | , , , | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

118. Pomegranate Seed Extract, Lycopene, Multivitamin & Minerals Soft Gel Capsules

| | . To the same of t | | | | |
|--------|--|--------|-------|--|--|
| Sr. | Ingredients | Claim* | % RDA | Reference | |
| No. | | | | | |
| Each S | oft Gelatin Capsules Contains: | | | | |
| | | | | | |
| 1. | Pomegranate Seed Extract | 20 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and | |
| | | | | Nutraceuticals Regulations 2016) S.No.158 | |

| 1. | Pomegranate Seed Extract | 20 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.158 |
|-----|---|---------|-------|--|
| 2. | Vitamin C (L-Ascorbic Acid) | 15 mg | 37.5 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 3. | Zinc (as Zinc Oxide) | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 4. | Vitamin E (DL-alpha-tocopheryl acetate) | 5 mg | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 5. | Lycopene 10% | 5.7 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 6. | Manganese (as Manganese Sulphate) | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 7. | Vitamin B2 (Riboflavin) | 1.5 mg | 71.42 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(i) |
| 8. | Vitamin B1 (Thiamine Mononitrate) | 1 mg | 58.82 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 9. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 10. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 11. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| 12. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 13. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

119. Grape seed Extract, Lycopene, Lutein, Vitamins, Folic Acid & Zinc Soft Gelatin Capsules

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|------|--|---------|-------|---|
| No. | | | | |
| Each | Soft Gelatin Capsules Contains: | | | |
| 1. | Grape Seed Extract | 25 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| 2. | Lycopene 6 % | 5.7 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 3. | Lutein 8% | 3 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| 4. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 5. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 6. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 7. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 8. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 12 mg | 100 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |

| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

120. Lycopene, VitaminA, Vitamin E, Vitamin C & Zinc Softgel Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|------|---|---------|-------|---|
| No. | | | | |
| Each | Soft Gelatin Capsules Contains: | | | |
| 1. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 2. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 3. | Lycopene 6 % | 2 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 4. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 5. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

121. Lycopene, VitaminA, Vitamin E, Vitamin C & Zinc Softgel Capsules.

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|---------|-------|---|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | - | | |
| 1. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 2. | Zinc Sulphate Eq. to elemental Zinc | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 3. | Lycopene 10 % | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 4. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 5. | Vitamin E (D-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 47 |
|-----|---------------------------------------|-----------|---|
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

122. Zinc, Grape Seed Extract, Betacarotene, Lycopene, Lutein & Sodium Selenate Soft Gelatin Capsules

| Ingredients | Claim* | % RDA | Reference |
|--|--|---|--|
| | | | |
| oft Gelatin Capsules Contains: | | | |
| Zinc Sulphate Eq. to elemental Zinc | 7.5 mg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14(viii) |
| Grape Seed Extract | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
| Betacarotene (10%) | 5.17 mg | 1.07 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 2(i) |
| Lycopene 10 % | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| Lutein 8% | 2 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
| Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |
| | oft Gelatin Capsules Contains: Zinc Sulphate Eq. to elemental Zinc Grape Seed Extract Betacarotene (10%) Lycopene 10 % Lutein 8% | Deft Gelatin Capsules Contains: Zinc Sulphate Eq. to elemental Zinc Grape Seed Extract 10 mg Betacarotene (10%) 5.17 mg Lycopene 10 % 5 mg Lutein 8% 2 mg | Tinc Sulphate Eq. to elemental Zinc Grape Seed Extract Betacarotene (10%) Lycopene 10 % To mg To |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

123. Betacarotene, Lutein, Lycopene, Vitamin with Mineral Softgel Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|-----|-------------|--------|-------|-----------|
| No. | | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

Each Soft Gelatin Capsules Contains:

| 1. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|--|---------|------|--|
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14(viii) |
| 2. | Vitamin E (D-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 3. | Betacarotene (15%) | 5.17 mg | 0.01 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 2(i) |
| 4. | Lycopene 6 % | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 5. | Lutein 8% | 3 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 110 |
| 6. | Sodium Selenate | 25 mcg | 62.5 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

124. Co -Enzyme Q10, Omega 3 fatty acid, Lycopene & L-arginine Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|------|---------------------------------|--------|-------|--|
| No. | | | | |
| Each | Soft Gelatin Capsules Contains: | | | |
| 1. | Co -Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.11 |
| 2. | Omega 3 fatty acid providing | 250 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 90 mg | | Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 60 mg | | |
| 3. | Lycopene 6% | 4 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.112 |
| 4. | L-Arginine | 100 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | - | | | Nutraceuticals Regulations 2016) S.No. (xix) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |

| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
|-----|---------------------------------------|----------------|--|
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| | | - ' | |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

125. Carbonyl Iron, Lycopene, Vitamin E, Vitamin B1, Vitamin B6, Vitamin B12, Folic Acid & Zinc Softgel Capsules.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|--------|-------|-----------|
| No. | | | | |
| Each So | oft Gelatin Capsules Contains: | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | Carbonyl Iron | | | Schedule -I (Part-B)-FSS (Health Supplement and |
|----|---|---------|------|---|
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 6(xiv) |
| 2. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 4. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 5. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 6. | Folic Acid (n-pteroyl-l glutamic acid) | 117 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.14(i) |
| 7. | Lycopene 10% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.112 |
| 8. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

126. Green Tea Extract, DL-Methionine, Vitamin C, Grape Seed Extract, Vitamin E, Lycopene, Vitamin B6 & Cyanocobalamin Softgel Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Green Tea Extract | 200 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 2. | DL- Methionine | 50 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.(ix) |
| 3. | Vitamin C (L-Ascorbic Acid) | 40 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 4. | Grape Seed Extract | 15 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No. 85 |
| 5. | Vitamin E (DL-alpha-tocopheryl acetate) | 10 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iv) |
| 6. | Lycopene 10% | 6 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | | | | and Nutraceuticals Regulations 2016) S.No.112 |
| 7. | Vitamin B6 (Pyridoxine Hydrochloride) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(i) |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 8. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
|----|------------------------------|-------|-----|---|
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016. 2.Doses/Claim as per RDA Value of ICMR 2010.

List of the Products to be manufactured by M/s Kala Amb, Distt. Sirmour (H.P.) – 173030 3.**- No RDA Established.

127. Multivitamins & Multiminerals Softgel Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|---|---------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 2. | Vitamin E (DL-alpha -tocopheryl acetate) | 4.5 mg | 45 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iv) |
| 3. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.3(ii) |
| 3. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.4(ii) |
| 4. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.5(ii) |
| 5. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.6 (i) |
| 6. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.8 (i) |
| 7. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 8. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 9. | Ferrous Fumarate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Iron | 17 mg | 100 | Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 10. | Sodium Molybdate Dihydrate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Molybdenum | 75 mcg | ** | Nutraceuticals Regulations 2016) S.No.9-(ii) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 36 |
|-----|---------------------------------------|-------------|--|
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| | | | |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

128. Resveratrol, Grape Seed Extract, Omega 3 fatty Acid, Zinc, Chromium & Sodium Selenate Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | |
|---------|--------------------------------------|--------|-------|--|--|--|
| Each So | Each Soft Gelatin Capsules Contains: | | | | | |
| 1. | Resveratrol | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.162 | | |

| 2. | Grape Seed Extract | 50 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 85 |
|----|------------------------------|---------|-----|--|
| 3. | Omega 3 fatty acid providing | | ** | Schedule -VI (Part-B)-FSS (Health Supplement |
| | Eicosapentaenoic Acid | 150 mg | | and Nutraceuticals Regulations 2016) S.No.132 |
| | Docosahexaenoic Acid | 100 mg | | |
| 4. | Zinc (as Zinc Oxide) | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 5. | Chromium Picolinate | | | Schedule -VI (Part-A)-FSS (Health Supplement |
| | Eq. to elemental Chromium | 100 mcg | 50 | and Nutraceuticals Regulations 2016) S.No.8 |
| 6. | Sodium Selenate | 40 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |

| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

129. Co-Enzyme Q-10 Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | | | |
|---------|---|-----------------------|-------|--|--|--|--|--|
| Each So | Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Co-Enzyme Q-10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 11 | | | | |
| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M | I.P | Reference | | | | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 | | | | |
| 2. | Soya Lecithin (INS 322 (i)) | G | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 | | | | |
| 3. | Bees Wax (INS 901) | G | MP | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 | | | | |
| 4. | Vegetable Oil (Refined Soyabean Oil) | G | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 | | | | |
| 5. | Sorbitol (INS 420(i) | G | MP | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 | | | | |
| 6. | Glycerin (INS 422) | G | MP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 27 | | | | |
| 7. | Titanium Dioxide (INS 171) | _ | | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 181 | | | | |
| 8. | BHA (INS 320) | 0. | .5% | Schedule -VF-FSS (Health Supplement and | | | | |

| | | | Nutraceuticals Regulations 2016) S.No. 5 |
|-----|---------------------------------------|-----------|---|
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

130. Evening Primrose Oil Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference | | | |
|--------------------------------------|----------------------|--------|-------|---|--|--|--|
| Each Soft Gelatin Capsules Contains: | | | | | | | |
| 1. | Evening Primrose Oil | 500 mg | ** | Schedule -VI(Part B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 71 | | | |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 172 |
|-----|---------------------------------------|-----------|--|
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

131. L-Ornithine L-Aspartate & Silymarin Softgel Capsules.

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|--------------------------------|------------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | | |
| 1. | L-Ornithine L-Aspartate | 250 mg | ** | Schedule -II(Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.(xi)& A-(xii) |
| 2. | Silymarin Extract | 250 mg | ** | Schedule -VI (Part-BA)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 34 |
| Sr. No. | Name of Additives/INS No. | Maximum | | Reference |
| | | Limits/G.M | .P | |
| 1. | Gelatin | G | MP | Schedule -VF - FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 26 |
|-----|---------------------------------------|-----------|--|
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

132. L-arginine, Green Tea Extract, Chasteberry Extract, Magnesium, Zinc & Sodium Selenate Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|--------------------------------------|-------------|--------|-------|-----------|
| Each Soft Gelatin Capsules Contains: | | | | |

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| 1. | L-Arginine | 400 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and |
|----|----------------------------|--------|-------|--|
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) |
| 2. | Green Tea Extract | 100 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 74 |
| 3. | Chasteberry Extract | 40 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 428 |
| 4. | Magnesium Oxide | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Magnesium | 55 mg | 16.17 | Nutraceuticals Regulations 2016) S.No.7-(vii) |
| 5. | Zinc Sulphate | | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to elemental Zinc | 7.5 mg | 62.5 | Nutraceuticals Regulations 2016) S.No. 14-(viii) |
| 6. | Sodium Selenate | 35 mcg | 87.5 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | _ | | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 56 |
|-----|---------------------------------------|-----------|---|
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

133. Ashwagandha, Ginseng, Multivitamin & Multimineral Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|--------|-------|-----------|
| Each So | ft Gelatin Capsules Contains: | 1 | | |

| 1. | Ginseng Extract | 42.5 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
|-----|---|---------|-----|--|
| | | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Ashwagandha | 10 mg | ** | Schedule -IV -FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 433 |
| 3. | Vitamin A (Retinyl palmitate) | 600 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 4. | Vitamin B1 (Thiamine Mononitrate) | 1.7 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(ii) |
| 5. | Vitamin B2 (Riboflavin 5-Phosphate, sodium) | 2.1 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(ii) |
| 6. | Vitamin B6 (Pyridoxal 5-Phosphate) | 2 mg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(ii) |
| 7. | Vitamin B12 (Cyanocobalamin) | 1 mcg | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.6 (i) |
| 8. | Vitamin C (L-Ascorbic Acid) | 40 | 100 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 9. | Vitamin D3 (Cholecalciferol) | 200 IU | 50 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.8 (i) |
| 10. | Niacin (Nicotinamide) | 10 mg | 47 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.15(ii) |

| 11. | Pantothenic Acid (D-Pantothenate,sodium) | 5 mg | ** | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.16 (ii) |
|-----|--|---------|------|---|
| 12. | Dibasic Calcium Phosphate | 255 mg | | Schedule -I (Part-B)-FSS (Health Supplement and |
| | Eq. to Elemental Calcium | 75 mg | 12.5 | Nutraceuticals Regulations 2016) S.No. 1-(x) |
| | Eq. to Elemental Phosphorous | 58 mg | 9.66 | |
| 13. | Iron (as Ferrous Fumarate) | 17 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 6-(v) |
| 14. | Zinc (as Zinc Oxide) | 12 mg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 15. | Magnesium (as Magnesium Sulphate) | 55 mg | 16 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 7-(viii) |
| 16. | Manganese (as Manganese Sulphate) | 2 mg | 40 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 8-(iv) |
| 17. | Copper (as Cupric Sulphate) | 1 mg | 50 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 18. | Iodine (as Potassium Iodide) | 150 mcg | 100 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5-(iii) |

| Sr. No. | Name of Additives/INS No. | Maximum Limits/G.M.P | Reference |
|---------|---|-------------------------|---|
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil (Refined Soyabean Oil) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |

| | | | Nutraceuticals Regulations 2016) S.No. 5 |
|-----|---------------------------------------|-----------|---|
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

134. Fish Oil Soft Gelatin Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|-------------------------------|---------|-------|--|
| Each So | ft Gelatin Capsules Contains: | ! | ļ | |
| 1. | Fish Oil | 1000 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | Eicosapentaenoic Acid | 180 mg | | Nutraceuticals Regulations 2016) S.No.73 |
| | Docosahexaenoic Acid | 120 mg | | |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|-----------------------------|--------------|---|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |

| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
|-----|---------------------------------------|-----------|--|
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

135. Evening Primrose Oil Softgel Capsules

| Sr. No. | Ingredients | Claim* | % RDA | Reference |
|---------|---|--------|-------|---|
| Each So | oft Gelatin Capsules Contains: | | 1 | 1 |
| 1. | Gamma Linolenic Acid (Derived from 1000 mg Primerose Oil) | 100 mg | ** | Schedule -VI-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 78 |

| Sr. No. | Name of Additives/INS No. | Maximum | Reference |
|---------|---------------------------------------|--------------|--|
| | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

136. Astaxanthin, Wolfberry Extract, Bilberry Extract, Rice Bran, Multivitamin with Zinc & Selenium Soft Gelatin

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--|----------|-------|--|
| No. | | | | |
| Each S | Soft Gelatin Capsules Contains: | | | |
| 1. | Astaxanthin | 4 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.2 |
| 2. | Wolfberry Extract | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 113 |
| 3. | Bilberry Extract 25 % | 60 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.37 |
| 4. | Rice Bran | 10 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No. 164 |
| 5. | Vitamin A (Retinyl palmitate) | 400 mcg | 66.66 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.1(iii) |
| 6. | Vitamin B1 (Thiamine chloride hydrochloride) | 1.275 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.3(i) |
| 7. | Vitamin B2 (Riboflavin) | 1.575 mg | 75 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.4(i) |
| 8. | Vitamin B6 (Pyridoxine Hydrochloride) | 1.6 mg | 80 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.5(i) |
| 9. | Vitamin C (L-Ascorbic Acid) | 36 mg | 90 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) |
| 10. | Vitamin E (D-alpha -tocopheryl acetate) | 9 mg | 90 | Schedule -I (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.9(iii) |
| 11. | Sodium Selenate | 35 mcg | 87.5 | Schedule -I (Part-B)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |

| | | Nutraceuticals Regulations 2016) S.No. 5 |
|---------------------------------------|--|--|
| Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 172 |
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 7 |
| Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 30 |
| Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 39 |
| | (Refined Soyabean Oil) Sorbitol (INS 420(i) Glycerin (INS 422) Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben Colour Brillient Blue Supra (INS 133) Colour Ponceau 4R Supra (INS 124) | (Refined Soyabean Oil) Sorbitol (INS 420(i) GMP Glycerin (INS 422) GMP Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.2% Propyl Paraben 0.02% Colour Brillient Blue Supra (INS 133) 300 mg/Kg Colour Ponceau 4R Supra (INS 124) 300 mg/Kg |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

137. Zeaxanthin, Astaxanthin, Lutein, Vitamin A, Vitamin C, Zinc, Copper & Selenium Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference |
|--------|--------------------------------|--------|-------|--|
| No. | | | | |
| Each S | oft Gelatin Capsules Contains: | | | |
| 1. | Zeaxanthin 10% | 1 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.38 |
| 2. | Astaxanthin | 4 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and |
| | | | | Nutraceuticals Regulations 2016) S.No.2 |

| 3. | Lutein 10% | 5 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 110 |
|----|--|---------|-------|--|
| 4. | Vitamin A (Retinyl palmitate) | 400 mcg | 66.66 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.1(iii) |
| 5. | Vitamin C (L-Ascorbic Acid) | 36 mg | 90 | Schedule –I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.7(i) |
| 6. | Vitamin E (D-alpha -tocopheryl acetate) | 9 mg | 90 | Schedule -I (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.9(iii) |
| 7. | Zinc (as Zinc Oxide) | 10.8 mg | 90 | Schedule –I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 14-(vi) |
| 8. | Cupric Sulphate Eq. to elemental Copper | 1.8 mg | 90 | Schedule -I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 4-(iv) |
| 9. | Sodium Selenate | 35 mcg | 87.5 | Schedule −I (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.12(i) |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |

| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
|-----|---------------------------------------|-----------|---|
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

- 2.Doses/Claim as per RDA Value of ICMR 2010.
- 3.**- No RDA Established.

138. Flax Seed Oil, Evening Primrose Oil & Bilberry Extract Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | |
|--------|--------------------------------------|--------|-------|---|--|
| No. | | | | | |
| Each S | Each Soft Gelatin Capsules Contains: | | | | |
| 1. | Flax Seed Oil | 500 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 101 | |
| 2. | Evening Primrose Oil | 200 mg | ** | Schedule -VI (Part-B)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No. 71 | |
| 3. | Bilberry Extract 25 % | 20 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and Nutraceuticals Regulations 2016) S.No.37 | |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|-----------------------------|--------------|---|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |

| | | Nutraceuticals Regulations 2016) S.No. 172 |
|---------------------------------------|---|---|
| Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 27 |
| Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 181 |
| BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 5 |
| Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 47 |
| Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 56 |
| Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 7 |
| Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 30 |
| Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | Nutraceuticals Regulations 2016) S.No. 39 |
| | Titanium Dioxide (INS 171) BHA (INS 320) Methyl Paraben Propyl Paraben Colour Brillient Blue Supra (INS 133) Colour Ponceau 4R Supra (INS 124) | Titanium Dioxide (INS 171) — BHA (INS 320) 0.5% Methyl Paraben 0.2% Propyl Paraben 0.02% Colour Brillient Blue Supra (INS 133) 300 mg/Kg Colour Ponceau 4R Supra (INS 124) 300 mg/Kg |

Note:- 1. As per Rule (3) & Rule (4) of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

2.Doses/Claim as per RDA Value of ICMR 2010.

3.**- No RDA Established.

139. Co Enzyme Q10, L-arginine, Vitamin C & Sodium Selenate Soft Gelatin Capsules

| Sr. | Ingredients | Claim* | % RDA | Reference | |
|------|--------------------------------------|--------|-------|--|--|
| No. | | | | | |
| Each | Each Soft Gelatin Capsules Contains: | | | | |
| 1. | Co Enzyme Q10 | 100 mg | ** | Schedule -VI (Part-A)-FSS (Health Supplement and | |
| | | | | Nutraceuticals Regulations 2016) S.No.11 | |
| 2. | L-Arginine | 25 mg | ** | Schedule -II (Part-A)-FSS (Health Supplement and | |
| | | | | Nutraceuticals Regulations 2016) S.No. (xix) | |
| 3. | Vitamin C (L-Ascorbic Acid) | 36 mg | 90 | Schedule -I (Part-A)-FSS (Health Supplement and | |
| | | | | Nutraceuticals Regulations 2016) S.No.7(i) | |
| 4. | Sodium Selenate | 36 mcg | 90 | Schedule -I (Part-B)-FSS (Health Supplement and | |
| | | | | Nutraceuticals Regulations 2016) S.No.12(i) | |

| Sr. | Name of Additives/INS No. | Maximum | Reference |
|-----|---------------------------------------|--------------|--|
| No. | | Limits/G.M.P | |
| 1. | Gelatin | GMP | Schedule -VF - FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 26 |
| 2. | Soya Lecithin (INS 322 (i)) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 36 |
| 3. | Bees Wax (INS 901) | GMP | Schedule -VA-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 4. | Vegetable Oil | GMP | Schedule -VF-FSS (Health Supplement and |
| | (Refined Soyabean Oil) | | Nutraceuticals Regulations 2016) S.No. 74 |
| 5. | Sorbitol (INS 420(i) | GMP | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 172 |
| 6. | Glycerin (INS 422) | GMP | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 27 |
| 7. | Titanium Dioxide (INS 171) | _ | Schedule -VE-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 181 |
| 8. | BHA (INS 320) | 0.5% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 5 |
| 9. | Methyl Paraben | 0.2% | Schedule -VF-FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 47 |
| 10. | Propyl Paraben | 0.02% | Schedule-VF -FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 56 |
| 11. | Colour Brillient Blue Supra (INS 133) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 7 |
| 12. | Colour Ponceau 4R Supra (INS 124) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 30 |
| 13. | Colour Sunset Yellow Supra (INS 110) | 300 mg/Kg | Schedule-VA FSS (Health Supplement and |
| | | | Nutraceuticals Regulations 2016) S.No. 39 |

Note:- 1. As per Rule (3) & Rule (4)of the FSS (Health Supplements & Nutraceuticals) Regulation 2016.

^{2.}Doses/Claim as per RDA Value of ICMR 2010.

^{3.**-} No RDA Established.